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Judge to rule on Hyde video query

MEDIA The last of what is being referred to as "two media questions" should be dealt with Friday at the fatal inquiry into the death of Howard Hyde.

Judge Anne Derrick ruled Monday about 16 hours of surveillance video of Hyde in custody — including footage of him being Tasered — wouldn't be uploaded to the Internet because of privacy and context concerns. This is despite the proceedings being webcast live.

This prompted two questions from the media. One was answered Thursday when Derrick ruled webcast video of the footage being played in court will be played and archived online.

But the other question — whether media can take footage of Hyde being Tasered via the webcast and broadcast it — should be debated today. Derrick says she still has some worries of evidence being "de-contextualized."

METRO HALIFAX

Entertainment pg 19

Cohen shines as Brūno

SunnySide

Follow Metro's SunnySide initiative as we help you find the good news around Halifax and Canada.

On the web

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Longtime Beatles fan Mike Spurr poses for a photo at his Waverley home with a cardboard cutout of Paul McCartney on Thursday. Spurr will be attending Saturday's McCartney concert with his mother, brother, wife and his two sons. **More coverage, pg 3**

Beatlemania thrives

Longtime fans come out in droves for McCartney concert

KRISTEN LIPSCOMBE
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To call Mike Spurr a Beatlemaniac would be a big understatement.

Walking down to the basement of Spurr's Waverley Road home is like taking a trip down memory lane, or perhaps Penny Lane, as one of only 10 of the replica street signs in the world, with the same imperfections as the original Liverpool sign, welcomes visitors into a mini museum dedicated to the British musicians.

That includes Sir Paul McCartney, the famous former Beatle who will take the stage on the Halifax

"I saw the Beatles on the Ed Sullivan show for the first time in '64. They're infectious."
Hal Bruce, Beatles fan

Common this Saturday, much to the excitement of many Nova Scotians, but especially to longtime fans such as Spurr, who has made the trek across the pond for conventions in the band's birthplace 14 times.

"He's a walking legend," said Spurr — surrounded by shelves of countless records, books, magazines and memorabilia that he couldn't put a price tag on either monetarily or sentimentally — on Thursday inside his beloved Beatles

shrine.

The 54-year-old superfan has seen McCartney perform three times, but will watch again from VIP seats Saturday with his family, including mom Gerry Spurr, who will likely keep warm underneath a Wings quilt she once made for her son.

"You wait for Paul McCartney to do All My Loving," Spurr said. "I'm going to be pretty teary-eyed."

Spurr admits he can't whistle a Beatles tune, but Hal Bruce of Lawrence-

town can sing 'em all. He's arguably the most well-known Beatles soloist in the world and runs the annual Maritime Beatles Event in Halifax.

"I saw the Beatles on the Ed Sullivan show for the first time in '64," Bruce said on Thursday. "They're infectious."

The self-described "Beatles addict" dreams of opening for McCartney, adding if he meets the man himself this weekend he'll probably only mutter "da, da, da, da, da..."

"In my heart it would be, if I could get it out, that I just want to let you know that you and John (Lennon) have made me the person that I am today."

If you are sick stay home:
Top doc

Flu Outbreak

LESLEY PIKE
for Metro Halifax

HEALTH Want to see Sir Paul or the tall ships, but have the flu — stay home.

That's the message Nova Scotia's chief public health officer Dr. Robert Strang had about influenza A (H1N1), also known as swine flu.

There has been an increase in the number of new and severe reported cases of the flu in Nova Scotia. Tests have confirmed 32 new cases in the past week.

There have been 210 cases of swine flu in the province, with six hospitalizations since the first case was confirmed April 26.

"It's not at a level that we need to be cancelling events," Strang told reporters Thursday. "What we're doing is asking people to take some personal responsibility — protect yourself, protect your fellow citizens."

Strang recommended people bring hand sanitizer to any of the festivals and concerts over the next few weeks, but more importantly, people should stay home for seven days if they feel flu symptoms.

"You may not be that severely ill but the person that you spread it to beside you can get severely ill and perhaps even die," Strang proclaimed.

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QUICK FACTS

- Gates on the Halifax Common open:
9:00pm for Paul McCartney - Saturday, July 11th
2:00pm for KISS - Saturday July 18th
- Largest ever video screens in HRM on site for Paul McCartney's show!
- Bring a chair (fold in bag)
- Don't forget photo ID (for those 19+)

DO'S and DON'T'S

Halifax Rocks 2009 would like to remind concertgoers of the following rules and regulations. The following items are to ensure the safety of all in attendance.

The following items **ARE NOT ALLOWED** inside the venue:

- cans or alcoholic beverages
- video/audio recording equipment
- umbrellas or strollers
- banners
- frisbees
- pets
- knives or weapons of any kind
- bulk food unless for medical reasons
- laser pointers
- hard-sided coolers
- bicycles, skateboards, roller blades or scooters
- camping equipment of any kind
- illegal narcotics **UNLESS** prescribed and in the container marked with the item and the name of the holder
- one litre of water is allowed.

Please note the one (1) fold-up bag style chair is allowed per person*
*Paul McCartney show only

June housing starts down

New housing starts dropped sharply for June in Halifax compared to last year, according to the Canada Mortgage and Housing Corp.'s preliminary data released Thursday. The report says there were 135 total housing starts last month, compared to 264 in June of 2008 — a drop of 49 per cent. **METRO HALIFAX**

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Local



Cost of gas dropping

People will be paying less for gas at the pumps Friday. A drop of about five cents a litre was expected as the province set the new regulated price at 12:01 Friday morning. Gas was selling Thursday for 104.6 cents per litre for regular self-serve. If it drops below \$1 a litre, it will be the first time in five years that has happened in Nova Scotia in July. **METRO HALIFAX**

Final preparations underway for Sir Paul

Hundreds working on setup

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Good Day Sunshine.

That's what organizers of Sir Paul McCartney's only Canadian tour date this year are hoping Halifax will have this Saturday.

And so far, the weather forecast looks "terrific," said promoter Harold MacKay on Thursday. "Twenty-three degrees and sunny."

MacKay, president of Power Promotional Events, said ticket holders should start showing up at the Halifax Common early, at 3:30 or 4 p.m., "and come prepared to stay until midnight."

Entertainment will kick off between 4 and 5 p.m., he said, with McCartney expected to hit the stage around 8:30.

"It's a big production. You're building a mini-city inside the city."

Harold MacKay, promoter

"It's going to be a long day," MacKay said.

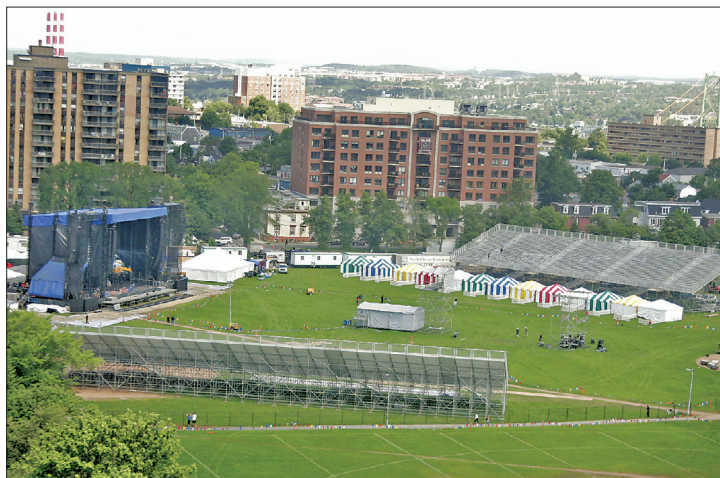
But well worth it, with Halifax-based bands Wintersleep and the Joel Plaskett Emergency opening and the potential for a couple more acts to be added to the lineup, including Winnipeg

singer-songwriter Sierra Noble, MacKay said. McCartney still has to give his stamp of approval to any unconfirmed acts.

MacKay couldn't say how many tickets have been sold, simply saying, "We've set up the site (accommodate) 60,000 people and ... we're on the road to do that."

He said corporate tents are sold out and there are only a couple hundred VIP seats left, which cost \$316 each. General admission tickets cost \$136.

As for when McCartney and crew will touch down



Crews continue setting up the stage and stands on Thursday for this weekend's Paul McCartney concert. Promoters are hoping for a crowd of 60,000 on Saturday.

in Nova Scotia, MacKay said the music superstar should land Friday afternoon, while his British and American contingents arrived Wednesday night.

"They think the concert site is beautiful," MacKay said.

The 500 to 600 crew

members working on the site this week should complete setup by Friday evening.

"It's a big production," MacKay said. "You're building a mini-city inside the city."

McCartney will likely hold a sound check the

evening before and the morning of his much-anticipated Canadian concert, MacKay said, adding the event itself isn't to be missed, especially with new material expected to be performed.

"It will be history-making."

Weather watch

Bring your sunblock to this Saturday's Paul McCartney concert because Environment Canada predicts it will be a sunny day, with a high of 23 C and a low of 10 C.

What else to bring:

- One fold-in-a-bag chair.
- One unopened one-litre plastic bottle of water.
- A small soft-sided backpack and a blanket.

What to leave at home:

- Food (unless for medical reasons).
- Professional and video cameras.
- Glass bottles, cans, refillable containers, coolers, alcoholic beverages.
- Umbrellas, strollers, banners, bicycles, pets.

Where to go:

- General admission and VIP entrances are at Robie and Cogswell streets and North Park and Cogswell streets.

• Entrance for disabled seating is on the Cogswell Street side of the Common.

Go to halifax.ca for public transit information.

metronews.ca

WHAT'S ONLINE TODAY

Video Dust may have been a key factor in Afghanistan chopper crash, at metronews.ca/canada
Video Prime Minister Stephen Harper late for a G8 group photo ... again, at metronews.ca/canada



McCartney opener looks ahead to weekend concert

LESLIE PIKE
for Metro Halifax

MUSIC MySpace is a popular way for aspiring musicians to promote their music, but it seems to work for well-established acts too.

When Paul McCartney's managers were looking for opening bands for the ex-Beatle's concert at the Halifax Common, they went to MySpace after getting a

tip that Wintersleep and Joel Plaskett Emergency could be just what they were looking for.

And after listening to their music, they decided the two Halifax bands were a perfect fit.

"It's very exciting. Paul McCartney is obviously pretty much one of the biggest musical celebrities in the world," Loel Campbell, drummer for Wintersleep, told Metro Halifax.

"It's going to be cool to have a very solid home team representing at the show — that's neat."

And the audience should number in the tens of thousands, easily the biggest crowd Wintersleep will have ever played for.

But Campbell said he and his bandmates won't be nervous when they take to the stage.

"It just flies by so quickly that you just don't have

time to notice (the crowd)," he said.

Truth be told, the band is more worried about how their parents will fare at the show.

"I'm more nervous about them being safe because they'll be amongst a big crowd of people," Campbell added.

The audience at the McCartney concert will be different from those at most Wintersleep shows, but

Campbell isn't concerned.

"It's going to be interesting because there's going to be so many people that haven't heard us before. Hopefully they're nice."

Wintersleep has a busy summer planned with concerts in Atlantic Canada and throughout Europe. The band is also heading back to the studio to work on a new record.

"You know, just keeping busy," Campbell said.



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4 local

Halifax will welcome two Australian warships to the harbour Friday. The ships are visiting as part of an Australian government mission. **METRO HALIFAX**

Green leader stepping down

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**Besieged Green party
Leader Ryan Watson
announced Thursday he is
stepping down.**

Watson had a tumultuous year as party leader. The party was recently in the headlines when Elections Nova Scotia threatened to deregister them for not meeting financial deadlines.

Other member complaints include Watson and party president Rob Pierce being ousted by Frank Magazine for using a 2007 Cadillac SRX during the election to travel the province preaching conservation, failing to meet fundraising goals and failing to grow party visibility.

Watson announced on his blog Thursday he would step down as leader at the party's

annual general meeting this fall. In an interview with Metro he denied being forced out by displeased members.

"We were striving to do politics in a new way, and that's not easy. We have been treading water a little bit for the last couple of years," Watson said. "We're looking for the right energy and the right people to take us to the next steps."

Beyond just picking a new leader, the party is at a crossroads in regards to its whole system of leadership. Watson made \$30,000 per year plus expenses. Some in the party are satisfied with that, some think the leader

should make more and some think it should be a volunteer position.

"Even in the people who were opposed to Ryan, there's already division in that camp about whether we simply need a better Ryan or we need to look again at the model we have," said party member Michael Marshall, who urged Watson to step down.

"We're internally contested even among the dissidents."

Marshall said some party members thought a paid leader would solve their problems, but he said the party needs to be more involved at grass roots levels.

"The Greens are just notorious for being invisible between elections and we come forward at election time and demand to be in the debate. It's ridiculous," Marshall said.



Ryan Watson



Claire Tobin fills up a jerry can for her lawnmower at the Esso on Chebucto Road in this file photo from last year. The NDP's proposed tax break for gas stations near the New Brunswick border is facing some opposition.

Pump pain for premier

PAUL MCLEOD
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Opposition parties ridiculed the NDP plan to lower gas prices near the border Thursday.

The NDP hoped to solve the problem of Nova Scotian drivers crossing the border into New Brunswick to buy cheaper gas. They are considering lowering the gas tax rate near the border to compete.

"Clearly this is a silly idea," Liberal Leader Stephen McNeil said. "The

fact (is) they're attempting to move the problem from one community to another, that's all they're doing."

Gas station owners from nearby Nova Scotian communities have complained their customers would migrate to places like Amherst, where gas is now cheaper. McNeil said if the NDP wants to lower gas taxes it should be done across the province.

Progressive Conservative Interim Leader Karen Casey had the same concerns.

The Tories said any reduction should take place in other provincial entry points

such as Yarmouth.

Premier Darrell Dexter defended the plan, saying it has worked successfully in other provinces.

"It's something I always thought should have been done at the time when the zones were set up," he said.

Dexter said a new system hasn't been decided on and government staff will be looking into the questions raised. He said they are not currently looking at applying the tax break to other entry points, or extending it to other products such as cigarettes.

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Opposition Leader Stephen McNeil is calling on the NDP government to ensure the four-pad arena planned for off the Hammonds Plains Road gets federal funding by taking a leadership role on the issue. Ottawa has decided against doling out \$15 million in federal infrastructure funds for the \$40 million project. **METRO HALIFAX**

Sending a message on guns

Justice delivers 9 1/2 year sentence in Johnston murder case

LESLEY PIKE
for Metro Halifax

Justice Felix Cacchione said he was setting an example of the serious consequences imposed on people involved with gun violence in his nine-and-a-half year prison sentence for Jerrell Johnston Thursday.

"Citizens live in fear of the presence in their community ... of hoodlums with handguns," Cacchione said before delivering his sentence inside Nova Scotia Supreme Court in Halifax.

In February, a jury found Johnston, 27, guilty of the attempted murder of Vantino Beals in December 2006.

Johnston will serve six years and eight months of his sentence in a federal prison because Cacchione gave him double credit for the 16 months he spent on remand while on trial for second-degree murder in connection with the case.

In February, Johnston



Jerrell Johnston, seen in this photo from February, was sentenced Thursday to nine-and-a-half years in prison for the attempted murder of Vantino Beals in December 2006.

and Nathaniel Sparks were found not guilty of two shooting deaths that occurred outside an after-hours club in East Preston the same night Beals was shot. Sparks was also found not guilty of at-

tempted murder at trial.

In Thursday's sentence, Johnston was also restricted from owning any kind of firearm or restricted weapon for the rest of his life.

Although Cacchione

"Citizens live in fear ... of hoodlums with handguns."

Justice Felix Cacchione

credited Johnston for his good behaviour while on a bail release program during trial, he continued to say his sentence "should reflect society's abhorrence to those who choose to live by the gun."

This sentence fell within the eight to 10 year range that Crown lawyers requested at sentencing. Crown lawyer Greg Lenehan said sending a message about gun violence was a consideration in their request.

The sentence was higher than the four and a half years requested by defence lawyer Kevin Burke. Burke declined comment to reporters afterwards.

Johnston hugged family members and supporters Thursday in court before he was taken into custody after the sentence was delivered.

Witness credibility called into question

COURT MARTIAL The defence attacked the credibility of a key prosecution witness at the court martial of a Glace Bay reservist, Thursday.

Sgt. Nathan Crosby, a reserve force member with the 1st Battalion of the Nova Scotia Highlanders, was on the stand for a third straight day testifying in the manslaughter trial of his friend and fellow soldier Cpl. Matthew Wilcox of the 2nd Battalion of the Nova Scotia Highlanders, based at the garrison in Sydney. Wilcox, 23, is also charged with criminal negligence causing death and negligent performance of duty in the shooting death of 25-year-old Pictou County resident Kevin Megeney at Kandahar Airfield, Afghanistan in March 2007. Defence lawyer Maj. Stephen Turner showed Crosby and the four-member military panel two short videos, which were downloaded to Crosby's laptop computer to share with other soldiers as souvenirs of their workup training exercises at CFB Wain-

Second video

- When the second video is played for the court, the voices of several soldiers laughing can be heard, including the voice of Crosby's section commander Sgt. Brad Joyce. In the video Crosby is holding a pistol to Joyce's head and pulling the trigger.

wright, Alta., in October 2006, prior to deployment to Afghanistan.

Crosby, who was handed Turner's own lap top to view the videos, was instructed to describe to the court what was taking place in each 20- to 30-second clip. In the first video the voice of Megeney can be heard saying, "Quick assembly of a 9-millimetre pistol."

Crosby is shown holding and then piecing together the pistol in no more than 10 seconds. The barrel of the gun is pointed toward Megeney, the person holding the video camera.

CAPE BRETON POST

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metro

Canada takes beef with South Korea to WTO

Canada is taking its long-standing dispute with South Korea over beef exports to the World Trade Organization. **REUTERS**

7

Canada



Prime Minister Stephen Harper poses for a photo with Denise Rudich, one of the junior G8 delegates during the G8 summit in L'Aquila, Italy Thursday. Leaders met Thursday to seek common ground on global warming and international trade.

Leaders in stalemate

Canada pledges food aid as Obama leads climate talks

The world's industrialized nations will help finance emissions reduction efforts by developing economies in a bid to bridge a divide that has stalled agreement on global warming targets, G8 leaders say.

Critical meetings ended in a stalemate in L'Aquila, Italy over who bears the burden of slashing greenhouse gases, with U.S. President Barack Obama acknowledging a deep split between rich and poor countries.

But he said it doesn't

have to sink negotiations toward an international deal to halt global warming. Obama led talks here between 17 countries responsible for producing more than 75 per cent of greenhouse gas emissions that failed to reach agreement on how much they should all cut back.

"While we don't expect to solve this problem in one meeting or one summit, I believe we've made some important strides forward as we move towards Copenhagen," said Obama.

Negotiations on a global deal to replace the UN climate change treaty, which expires in 2012, culminate in December in Denmark.

Canada announced it will contribute an extra \$200 million a year to food aid, bringing its spending on local agricultural production in poor countries to about \$400 million a year. Prime Minister Stephen Harper and Australia's prime minister hailed the return of U.S. leadership on global climate change under Obama.

TORSTAR NEWS SERVICE

News in brief

FINANCES Canada still aims to reduce its debt-to-GDP ratio to 25 per cent, federal Finance Minister Jim Flaherty said Thursday, but he could not say how long it might take to reach that goal, which was abandoned during the recession. Before the global financial crisis, the Conservative government had pledged to reach the 25 per cent target by 2011-12. But the budget in January 2009 said the debt-to-GDP ratio would rise to about 32 per cent from 29 per cent.

OPINION POLLS The opposition Liberals have lost the slight lead in popular support they had over the Conservatives and the two parties are now in a statistical "dead heat," at 32.2 and 31 per cent respectively, a new poll said Thursday.

REUTERS

Western farmers flood feds with claims

CROPS Farmers in drought-stricken Saskatchewan and Alberta have flooded government insurance programs with crop insurance claims.

In Alberta, the hardest hit by drought, farmers have filed 2,000 claims after turning poorly growing grain and hay crops to pasture or feed — or using chemicals to wipe them out altogether to salvage soil nutrients.

That's a four-fold increase in claims from the five-year average, but only one-third of the claims Alberta farmers made in the drought year of 2002, said

Rise from 2008

- Alberta farmers have separately filed 273 claims for land that they are reseeded in hopes of reaping a crop, 54 per cent more than last year.

Lorelei Hulston, insurance manager for Alberta's Agriculture Financial Services Corp.

"Early conditions were really dry and cold in lots of areas. In some cases, those crops just aren't turning out," she said.

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Across the globe an emerging El Nino weather pattern threatens to cause droughts and floods and trigger a spike in planet-warming greenhouse gas emissions from burning forests. Trying to predict how El Nino will be affected by global warming is a major challenge, scientists say. **REUTERS**

World



North Korea suspected in cyber attacks

A fresh wave of cyber attacks that slowed U.S. and South Korean websites this week hit more targets Thursday, a web security firm said, while the South's spy agency has said the hacking may be linked to North Korea. The impact of the attacks, aimed so far at dozens of sites including the White House and the South's presidential office, was seen as negligible, experts said, but served as a reminder that Pyongyang has been planning for cyber warfare. **REUTERS**

News in brief

CHINA Chinese President Hu Jintao, forced to abandon the G8 summit in Italy by ethnic violence in Xinjiang province, said that maintaining social stability in the energy-rich region was the "most urgent task," state television reported on Thursday. Hu described Sunday's deadly riots in Urumqi as a "serious violent crime elaborately planned and organized by 'three forces' at home and abroad," a reference to religious extremists, separatists and terrorists.

IRAQ Bombs in Baghdad and northern Iraq killed at least 50 people on Thursday, police said, underscoring doubts about local forces' ability to keep Iraqis safe after U.S. troops pulled out of cities. The attacks in the north, where tensions between Arabs and Kurds threaten to flare into Iraq's next conflict, and in the capital appeared to be part of an attempt by insurgents to reignite sectarian fighting. **REUTERS**

Obama sees G8 progress

However UN says climate change strides not enough

U.S. President Barack Obama said on Thursday the world had made "important strides" towards arresting climate change by agreeing to limit warming, but UN chief Ban Ki-moon said it was simply not enough.

"This is politically and morally (an) imperative and historic responsibility ... for the future of humanity, even for the future of the planet Earth," said Ban.

Major economies meeting in Italy agreed to restrict global warming to two degrees Celsius — a development that was unthinkable 12 months ago, before Obama was elected president of the world's second biggest greenhouse gas emitter.

But the Group of Eight

rich nations failed to persuade top emitter China and India to join in a push to reduce global greenhouse gas emissions by 50 per cent by 2050 — a blow to efforts to secure a new UN pact by year end.

And Canada and Russia appeared to turn their back on the G8's stated aim of cutting its emissions by 80 per cent by 2050 within 24 hours of it being announced.

"It really fits together well with the pathway that Canada is on, that the gov-



Obama

ernment adopted, to reduce our emissions by minus 20 per cent by 2020, and then by 2050 to reduce them by as much as 60 to 70 per cent," Environment Minister Jim Prentice told CBC.

On the first day of the summit the G8 acknowledged there are still risks to financial stability from the economic crisis, but tough new rules for global business and finance will be left to the broader G20 meeting in Pittsburgh in September.

Ahead of development talks on Friday that include leaders of nine African nations, including Libya's Muammar Gaddafi, plus international food and farming aid agencies, the G8 was likely to pledge \$15 billion to a U.S.-led plan on food security. **REUTERS**



The site of an explosion in Logar province south of Kabul.

15 students among blast victims

AFGHANISTAN An explosion outside a school south of the Afghan capital on Thursday killed at least 25 people, including 15 students, officials said. The blast in Logar province was the latest incident in an escalation of violence across Afghanistan since U.S. Marines launched a major new offensive a week ago. Officials said the Logar

blast was caused by explosives hidden beneath a pile of firewood in the back of a truck which had crashed overnight, leading to speculation the explosives could have been meant for an attack elsewhere.

The blast went off as police checked the abandoned truck in the morning, authorities said. **REUTERS**



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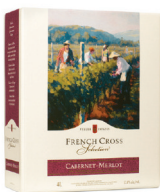
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Comment

Pension reform upon us

Growing pressure on government for new offerings

InBusiness

Charles
Davies



As Canada's population rapidly ages, financing retirement has become a huge concern. Existing public pensions won't provide enough money (the Canada Pension Plan covers only about 25 per cent of our needs while the Quebec Pension Plan has serious funding troubles), entitlements and personal savings are inadequate, and company pension plans are either underfunded or cover too few people.

All this adds up to growing pressure on government to come up with new

public pension offerings to help fill the gap. There are two proposals that could gain traction.

The first is the Canada Supplementary Pension Plan, an idea first promoted last year by pension guru Keith Ambachtsheer from the C.D. Howe Institute. The CSPP would work like the CPP, with voluntary payroll deductions (to an annual maximum of \$20,000) put into individual retirement savings accounts. The funds would be managed by a body that is arm's length from government, not unlike the Canada Pension Plan Investment Board. The goal would be to combine eventual income from the CSPP with other forms (CPP, OAS, GIS, savings, company plans) to replace at least 60 per cent of pre-retirement income.

A second proposal is the Universal Pension Plan es-

PensionSeries

(Editor's note: This is the final part of a three-part series by Charles Davies on pension plans.)

poused by the Canadian Association of Retired Persons (CARP), the lobby group for middle-aged and senior Canadians. The UPP would essentially be an extension of the existing CPP and would also be similar to the CSPP. Unlike the CSPP, however, contributions would be mandatory, and the goal would be to replace 70 per cent of pre-retirement income.

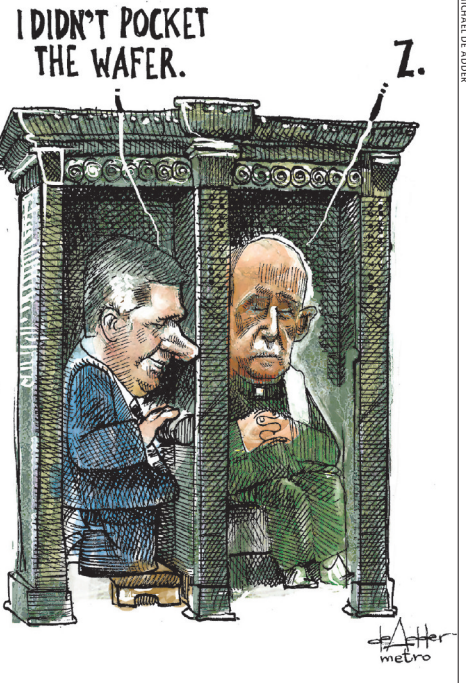
Other variants of public plans are being talked about in Alberta and British Columbia. So far, Ottawa is ignoring the issue, perhaps because it has more immediate problems. The pension crunch

isn't going away, though. If you believe CARP, it won't just be the poorer classes that will strain to make ends meet for the rest of their lives.

It's already happening. Go into any big box retailer and check out the staff. Chances are many are people who have "retired" from their principal jobs, but who seriously need this income.

For younger baby boomers, those who have a decade or so before normal retirement, the prospect of working indefinitely won't sit well. Count on them putting the heat on politicians to extend the CPP or come up with an additional plan. Of necessity, a new era of pension reform is upon us.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.



Worth mentioning

Brit's breakup leads to The Sale Of A Lifetime

A British artist has decided to sell everything except the clothes on his back after a breakup with his girlfriend.

Jasper Joffe plans to sell all his worldly possessions at the upcoming exhibition: The Sale Of A Lifetime at the Idea Generation Gallery in London from July 29 to Aug. 2.

"(I'm) wiping the palate clean ... by cleaning out my physical clutter," Joffe told Reuters. The sale is just the latest in a trend of love-lorn public gestures. Last month, a British millionaire offered

his house, sports car and boat to the winner of a "Beat the Credit Crunch Blues" lottery after getting divorced.

Joffe, who sold his satirical portrait of Heinrich Himmler to Charles Saatchi, is aiming for the exhibition to also be a means of getting his ex-girlfriend's attention in hopes of a possible reconciliation.

"It's like saying, 'I'm going to give up everything for you' — it's the ultimate romantic gesture," he said.

REUTERS

Views

In some ways, court system behind the times

UrbanCompass

Paul
McLeod

metronews.ca/mcleod

Everyone thinks they're smarter than a judge.

People rail against judges daily for what they believe are boneheaded decisions and they're almost always wrong. Judges have to consider things — fairness, rehabilitation — that the pundits at the bar have the luxury of ignoring.

So it is with trepidation that I shake my head at how the Howard Hyde fatal inquiry has fallen into ridiculousness because of Judge Anne Derrick.

The inquiry should have

been a great leap forward for our court system. The whole thing is being webcast live and archived, making it perhaps the first truly "public" inquiry in Nova Scotia. Bravo.

But things got terribly muddled Monday when Derrick ruled that raw video footage of Hyde's final hours before his death — including shots of him being Tasered — could not be uploaded to the Internet.

Derrick worried it would invade the privacy of unrelated people caught on tape and would make the video vulnerable to mischievous tampering by what Derrick called "the infinity of the Internet."

But here's the thing. The video will be played in court. The court will be webcast. So the video will still be online, it will just

be a webcam shot of a TV instead of a clearer image.

Derrick worried about "de-contextualizing" the evidence by uploading the video alone. By this logic we aren't bright enough to understand the video of Robert Dziekanski being Tasered in Vancouver unless it's alongside the police explaining their version of what happened.

As for privacy issues, uh, the video is online either way.

I'm also not sure what malevolent video tampering she expected. Perhaps she feared a mash-up of Hyde fighting the Star Wars Kid being uploaded to YouTube.

"She doesn't know the difference between uploading and downloading," marvelled one reporter (This is true; Derrick repeatedly referenced

"downloading to the Internet").

It seems trivial, but it has caused major problems. Friday, a CBC lawyer will have to argue for the right to broadcast footage of Hyde being Tasered on TV.

Derrick so far has been hesitant to allow this because it might conflict with her earlier ruling.

So, to recap — you might be able to watch a webcam video of a TV screen playing Hyde being Tasered, but not see it via the media or a direct copy of the video itself.

This should have been a great leap forward. Instead, it just shows how behind the times our court system is.

Paul McLeod is a staff reporter at Metro Halifax. He's currently in rehab for being a political junkie. It's going badly. Contact paul.mcleod@metronews.ca.

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Jasper Joffe said he plans to sell everything from toiletries to clothes in 33 lots priced at 3,333 pounds (\$5,355 US) each, hanging onto only the clothes on his back, his passport and his wallet.

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California has been burning through its cash without a budget agreement and is issuing IOUs for tax refunds. The legislature is being urged by marijuana activists to consider taxing the drug to help raise revenues in order to close a \$26.3-billion budget gap. **REUTERS**

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GM ready for reinvention

A shiny new General Motors Corp. will rise Friday from the twisted heap of metal — and crippling debts — of the old.

It will have fewer workers and brands, but it will have billions of dollars in government bailouts.

After clearing last minute court hurdles Thursday, GM was expected to announce Friday that it is poised to exit from Chapter 11 bankruptcy protection in the United States. There is widespread speculation it will unveil a new look, changing its square logo from blue to green to show consumers that it really is leaner and greener. It is also slashing jobs in a drastic bid to cut its costs.

But experts say GM must produce vehicles that people want to buy and change its image from a lumbering bureaucracy that makes gas guzzlers to one on the cutting edge of efficiency and quality.

"What they have to change is the essence of the company. For a car company, that means the cars," said Joseph D'Cruz, professor of strategic management at the University of Toronto.

The Canadian operations will be unaffected by Friday's announcement. GM Canada went through its own painful restructuring, though it did not file for court protection here.

TORSTAR NEWS SERVICE

Google-Microsoft war may cut PC prices

TECHNOLOGY Google Inc.'s bid to compete with Microsoft Corp.'s Windows operating system may help lower the cost of personal computers even as prices are already being pinched by inexpensive netbooks.

Google said it will offer its just-announced Chrome operating system for free when it is launched in the second half of 2010, a move that could force Microsoft into a price war.

Although Windows is installed on 90 per cent of the world's PCs, Microsoft won't take Google's challenge lightly, analysts said. Its new Windows 7 operating system will be available in October.

"Microsoft's strategy is likely to be to compete on price," said Brent Williams, an analyst with the Benchmark Co. "Now there's a competitor with



Google CEO Eric Schmidt, former Microsoft CEO Bill Gates, and Nathan Myhrvold of Intellectual Ventures share a laugh outside the Sun Valley Inn in Sun Valley, Idaho. Google has announced the Chrome operating system, which will compete with Microsoft Windows.

the muscle and the brand recognition. Google is that company."

Google said Chrome OS,

based on the open-source Linux code, is being designed for all PCs but will debut on netbooks. **REUTERS**


Business in brief

MADOFF Arch swindler Bernard Madoff will not appeal the 150-year prison sentence he received for masterminding a global multibillion-dollar investment fraud, his main lawyer said Thursday. Madoff, 71, was sentenced on June 29 by U.S. District Court

Judge Denny Chin to an effective life term for Wall Street's biggest swindle after pleading guilty to criminal charges, including securities fraud, money laundering and perjury.

AUTO The Obama administration's new \$1 billion US "Cash for Clunkers" program, which

pays consumers \$3,500 or \$4,500 in credit to swap aging gas-guzzlers for new, more fuel efficient models, has been lauded by struggling car dealerships since it was signed into law in June. Backers hope the program will sell 250,000 new vehicles this year. **REUTERS**



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Bourque, Project Coordinator, Ability

Bourque is reachAbility's Project Coordinator. He has been a great asset to the organization and his compassion and devotion to his community. Chris works in programs where he offered support to people with experience homelessness. He also offers support to clients and caregivers in the Society of Nova Scotia. He has a degree in Psychology from Mount Saint Vincent as well as a degree in Social Work.

Tova Sherman of reachAbility will rappel 23-stories in support of members of our community with physical disabilities.



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LPGA boss open to a buyout: Report

LPGA commissioner Carolyn Bivens reportedly is agreeable to a buyout of the final two years of her contract amid calls for her resignation by key players. Sports Business Daily cited sources on its website Thursday that the LPGA Tour board has authorized a golf industry executive to contact potential candidates to replace Bivens. **METRO NEWS SERVICES**

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Sports

EDITOR: CHRIS.CLEMENTS@METRONews.CA



Haligonian picked for camp

Halifax's Jillian Saulnier, left, was named to a selection camp for Canada's women's under-18 hockey team on Thursday. The 5-foot-4 forward is one of 42 players who will compete for roster spots from July 23 to 30 in Calgary.

METRO HALIFAX



T.J. Grant will fight Dong Hyun Kim of Korea in the preliminary portion of UFC 100 at Mandalay Bay Events Center in Las Vegas on Saturday night.

'The buzz down here is crazy'

Cole Harbour's Grant part of star-studded event

MATTHEW WUEST
matthew.wuest@metronews.ca

Three months ago, T.J. Grant had never stepped into an Ultimate Fighting Championship cage. But on Saturday night, the Cole Harbour native will be part of what UFC is dubbing the "biggest event in mixed-martial arts history."

Grant will fight Dong Hyun Kim of South Korea in the preliminary portion of UFC 100 at Mandalay Bay Events Center in Las Vegas as part of a star-studded event that features the likes of Brock Lesnar and Georges St-Pierre.

"I remember watching all the UFCs way back like 10 or 12 years ago, before anyone even knew what it was," the 25-year-old Grant told Metro Halifax on Thursday night. "No way did I imagine there would be a 100th UFC and I would be in it."

It's Grant's second bout

"This fight is everything to me. I will be as ruthless in there as I need to be."

T.J. Grant

on a four-fight UFC contract signed earlier this year. He is 14-2 overall after winning his debut against Japan's Ryo Chonan at UFC 97 at Bell Centre in Montreal in April and is riding a five-fight winning streak.

Grant landed this fight after two previous UFC bouts were cancelled. He got the call for UFC 100 to replace Quebec's Jonathan Goulet, who injured his shoulder.

He landed in Las Vegas on Tuesday.

"I had no idea how big (UFC 100) was until I arrived here," said the Brazilian jiu-jitsu purple belt. "The buzz down here is crazy for this show. Billboards, posters, you name it. Even the blackjack tables have UFC 100 printed on (them)."

Kim, nicknamed Stun Gun, has an 11-0-1 record and has two victories since joining UFC last May. Most have pegged Grant as the underdog, but that makes it a golden opportunity to get exposure and make a name for himself.

"This fight is everything to me," said Grant, who made his MMA debut in 2006 as part of Extreme Cage Combat 1 in Halifax. "I will be as ruthless in there as I need to be."

Lesnar, a former WWE wrestler with a 3-1 record, and St-Pierre, from St-Isidore, Que., are the co-main events.

The six-foot-two, 265-pound Lesnar has a heavy-weight tilt with Frank Mir (12-3). St-Pierre, 18-2 and riding a five-fight winning streak, shows down with Thiago Alves (16-3).

per year, tax exempt, to play in Russia. The 25-year-old Hudler had 23 goals and 34 assists in his most productive season during the 2008-09 campaign.

BASEBALL Philadelphia Phillies

centre fielder Shane Victorino and Detroit Tigers third baseman Brandon Inge were chosen by fan voting as the final two All-Stars, MLB announced Thursday. **METRO NEWS SERVICES**

Tidcombe takes lead at amateur championship

MATTHEW WUEST
matthew.wuest@metronews.ca

GOLF Ken-Wo's Ally Tidcombe has shouldered River Hills' Aaron Nickerson out of the lead after two rounds at the Nova Scotia Golf Association men's amateur championship.

Tidcombe fired his second straight 2-under 71 on Thursday at the Osprey Ridge Golf Club in Bridgewater, pulling past Nickerson by three strokes at the

72-hole event.

Nickerson suffered an 11-stroke drop-off, going 5-over 77 to sit tied for second with club-mate Jody Swim with two-day totals of 145. Ashburn's Glenn Robinson (75-146) and Abercrombie's Brian Affleck (76-146) round out the top-five.

At the Grandview Golf and Country Club in Westphal, Ken-Wo's Laura Harris lost a little ground atop the women's amateur leaderboard after shooting a 10-over 82. Defending champi-

on Mireille LeBlanc of Clare had a 7-over 79, pushing her two-day total of 164 to within seven strokes of Harris's 157.

Ashburn's Cathy Donald continues to hold down third spot after shooting a 12-over 84 for a two-round 170.

Also at Grandview, two-time defending champ Kathy Powers of Bluenose has a six-stroke lead after the first round of the senior women's championship. She was 6-over 78.

Teen sets world record in 50m breaststroke

SWIMMING Teenager Amanda Reason broke the world record in the women's 50-metre breaststroke on Wednesday at the Canadian trials for the world swimming championships.

The 15-year-old Reason, from Toronto, clocked 30.23 seconds to eclipse the

previous mark of 30.31 seconds set by Australia's Jade Edmiston in 2006.

"This is just amazing," Reason told reporters. "I'm speechless, incredible."

The 50-metre breaststroke is a world championship event, but is not raced at the Olympics.

REUTERS

Sports in brief

VOLLEYBALL A couple of Dalhousie Tigers suffered a loss with Canada's men's volleyball team at the Summer Universiade yesterday in Belgrade, Serbia. Max Burt and Sander Ratsep were on the court as Canada lost to Russia in the quarter-finals.

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3	12:00 PM	Mainland Commons	Quebec vs New Brunswick 2
4	12:00 PM	Beazley	Manitoba vs Ontario
5	4:00 PM	Mainland Commons	Alberta vs Nova Scotia
6	5:45 PM	Beazley	British Columbia vs Newfoundland and Labrador
7	8:30 PM	Beazley	Quebec vs Dartmouth
Friday, August 21, 2009			
8	9:00 AM	Beazley	New Brunswick 2 vs Manitoba
9	12:00 PM	Mainland Commons	Newfoundland and Labrador vs New Brunswick
10	12:00 PM	Beazley	Ontario vs Dartmouth
11	3:00 PM	Beazley	New Brunswick vs Alberta
12	4:00 PM	Mainland Commons	Nova Scotia vs British Columbia
13	7:00 PM	Mainland Commons	Manitoba vs Quebec
14	7:00 PM	Beazley	Dartmouth vs New Brunswick 2
Saturday, August 22, 2009			
15	9:00 AM	Mainland Commons	Ontario vs Quebec
16	9:00 AM	Beazley	Newfoundland and Labrador vs Alberta
17	12:00 PM	Beazley	Dartmouth vs Manitoba
18	12:00 PM	Mainland Commons	New Brunswick 1 vs Nova Scotia
19	2:45 PM	Beazley	New Brunswick 2 vs Ontario
20	2:45 PM	Mainland Commons	Alberta vs British Columbia
21	5:30 PM	Beazley	3rd Pool A vs 2nd Pool B
22	8:15 PM	Beazley	3rd Pool B vs 2nd Pool A
Sunday, August 23, 2009			
23	9:30 AM	Beazley	1st Pool A vs Winner Game #21
24	12:30 PM	Beazley	1st Pool B vs Winner Game #22
25	3:30 PM	Beazley	BRONZE MEDAL GAME
26	7:00 PM	Beazley	GOLD MEDAL GAME

Tickets available on-line or by mail, go to www.seniorbaseball09.ca (game tickets & packages)

The National Hockey League said it has been approached by another potential bidder for the Phoenix Coyotes who wants to keep the bankrupt team in Arizona. The league revealed a possible third bid for the team, but did not disclose any details. **REUTERS**

Hushovd wins Stage 7

Thor Hushovd has always relished tough finishes and rainy conditions, both of which helped the Norwegian snatch his seventh Tour de France stage win in Barcelona on Thursday.

He surged in the last stretch of the 181.5-km sixth stage from Girona to overpower two Spaniards in front of the 1992 Olympic Stadium: Pre-stage favourite Oscar Freire and Jose Joaquin Rojas.

Swiss Fabian Cancellara crossed the line in 10th place and retained his

"There have not been many days I regretted my decision (to return to cycling). This might be one of them."

Lance Armstrong

overall leader's yellow jersey. Seven-times champion Lance Armstrong, who came back from retirement in January, stayed in second.

"It was very nervous," Armstrong told reporters. "There have not been many days I regretted my decision (to return to cycling). This might be one of them."

This might be one of them.

"We were always on the edge, with crashes all around, dangerous hills. There is one word to describe the day — scary. It was nerve-wracking."

Hushovd's victory gave his team Cervelo their first win in the race. **REUTERS**

Hard to ignore attraction of superstars

Field of Play

Scott Russell

metronews.ca/fieldofplay

When it comes to sport there is no greater force than the power of one.

This reality has been made plain by the recent odysseys of more than one

superstar.

Roger Federer's triumph over Andy Roddick at Wimbledon was a match for the ages.

The immovable force prevailed over the challenger in spite of the latter serving up rockers, which screamed across centre court. The thrill of the grass resulted in a marathon with Federer emerging as the most prolific male tennis player of all time.

To watch his journey on that day was mesmerizing — the talk around millions of water coolers the next morning. And then there is our relentless fascination with Tiger Woods.

Golf's sparkling savant has us transfixed. The television networks are glued to his every move, even in the rare case he is not in contention. We, the fans, never tire of dissecting his every approach and tricky putt. If we are not watching Woods, it would seem, we are not really watching the tournament at all. We are all collectively the moths to his brilliant flame.

Which brings us to the resilient Lance Armstrong. At 37 years of age, Arm-

strong has returned to the Tour de France and in spite of the cloudy suspicion surrounding his magnificent past, he rides on in plain sight. Once again, Armstrong is challenging for the lead in one of the most gruelling tests sport has to offer.

It is a must to check on Armstrong's progress every day although few of us would cast a second glance cycling's way in his absence. His is just that compelling a story.

This is the stuff of legend and, throughout time, sport has been dominated by these solitary, spectacular figures.

Muhammad Ali, Jack Nicklaus and Usain Bolt have all been in that category. They are icons commanding our rapture just as Federer, Woods and Armstrong have.

It is our fascination with the outer limits of human achievement.

While we all like to think of ourselves as good team players what we truly aspire to be is an individual superstar just like them.

Scott Russell is the Host of CBC Sports Weekend seen Saturday afternoons. He has covered professional and amateur sports including nine Olympic games and numerous world championships.



Lance Armstrong



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Sports in brief

SWIMMING Michael Phelps broke the 100 metres butterfly world record by clocking a time of 50.22 at the U.S. championships on Thursday. Gold medalist at the Beijing Olympics, Phelps bested the old mark of 50.40 by .18 seconds.

BASEBALL Carlos Pena's two-run double in the fifth proved to be the difference as the Tampa Bay Rays completed a three-game sweep of the Toronto Blue Jays with a 3-2 win on Thursday afternoon.

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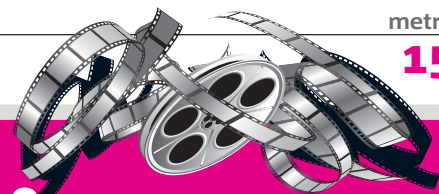


Weekend, July 10-12, 2009

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15

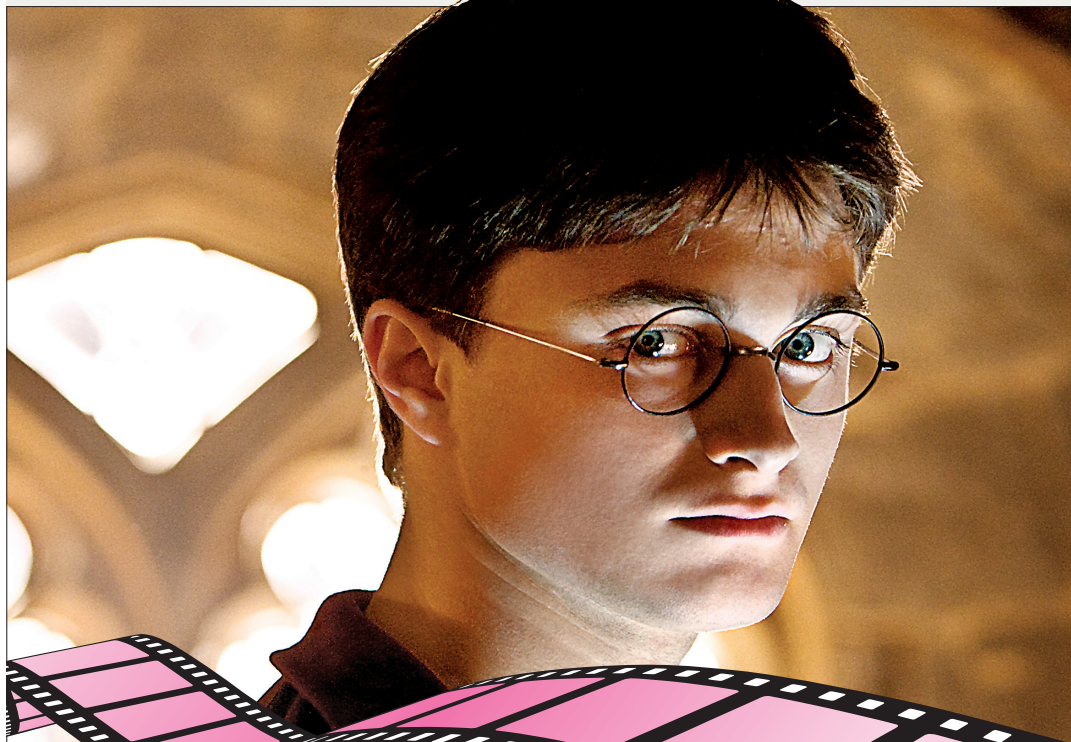
Movies & Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

Phenomenon

Pg 18



With two more films still to be made, one actor tells Metro he is still grappling with the legacy of the Harry Potter phenomenon.

Movies

Pg 19



It's quite possible that Bruno tops his predecessor Borat.

Music

Pg 22



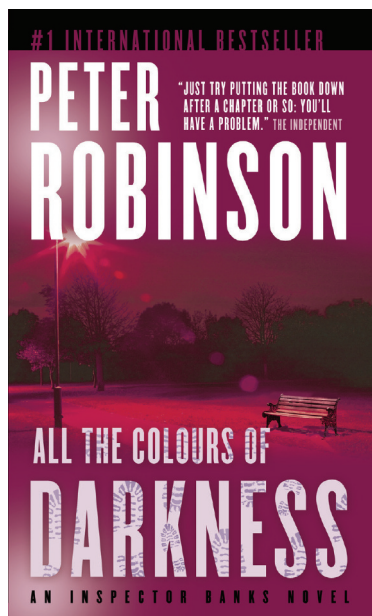
Self-released artists pick up label and month-long tour.

Television

Pg 25



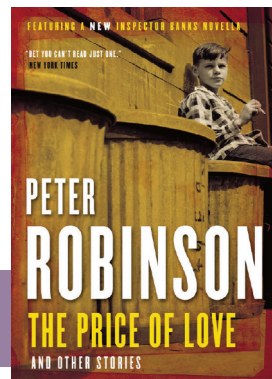
Model contestants say fame sometimes takes its toll.



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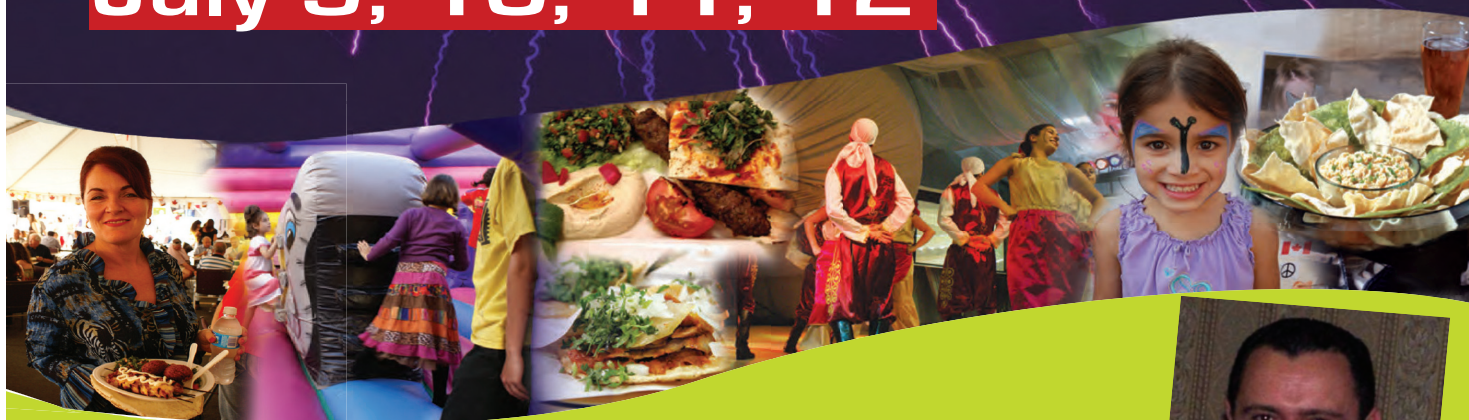
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Weekend, July 10-12, 2009

18 movies&entertainment

At a glance
Bruno ●●●●●, I Love You, Beth
Cooper ●, Moon ●●●●

Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Real Draco revealed

Potter schoolmate a complete coward: Felton

ANNE BRODIE
for Metro Canada



Tom Felton, who plays Hogwarts's dastardly teen wizard-in-training Draco Malfoy, is all sunny smiles while meeting press in a Toronto hotel.

It's surprising after the busy week he has had promoting Harry Potter and the Half-Blood Prince — the newest addition to the Potter movie franchise.

There was the London premiere on Tuesday night, a full day of media in Toronto, and then a quick flight to New York for an international press junket.

"Sunday, I get my roots

done in England and Monday we film Deathly Hallows," says Felton.

At 21, he's an old hand at the Potter game. He was ten when he first played Malfoy and now — in the sixth Harry Potter outing — he has his most dramatic moments yet as his character takes on more of a key role in the series.

"I was very nervous when I first read the script," he says. "I thought it might be beyond my capabilities.

Harry Potter and the Half-Blood Prince hits theatres next week



Tom Felton returns as Draco Malfoy in Harry Potter and the Half-Blood Prince.

"But I was absolutely thrilled to turn this slightly two-dimensional character into a real bundle of emotion." Even though he has played Malfoy in five previ-

Movie feature

ous films, Felton says he had a revelation about his character while shooting The Half-Blood Prince.

"You assume Draco's this confident, cool, solid person when in reality he's just a complete coward. He's terrified of the world around and that's why he attempts to bully people

On the web

• For movie photos, trailers and screen times, visit metronews.ca/movies.

around him. I try to do the opposite really.

"It only came to me now. It's nothing to do with his personal self, he's not bad. The people have raised him to be the way he is. I think he's desperate to be nice, but he just can't be. He doesn't have an option, he's never been taught how to."

With two more films to be made, Felton says he is still grappling with the legacy and meaning of the Potter phenomenon.

"It's crazy to think about it, but it won't sink in until later. I keep thinking about showing my (future) kids my DVDs and saying, 'Look, there's daddy when he was ten years old.'

"I'm very proud we have something hard that will always be there, proof of our existence in the world.

"Years later on we'll think, bloody hell, that was truly something epic."



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Virus lands Theron in hospital

Charlize Theron spent four nights in a Los Angeles hospital last week after contracting a stomach virus, according to a U.S. tabloid report. The Monster star is alleged to have suffered severe abdominal pains. FEMALEFIRST.CO.UK

**Movies**

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Idiotic Brüno tops bumbling Borat

Brüno

Director: Larry Charles

Stars: Sacha Baron Cohen

Classification: 18A

Rating: ●●●●●

NED EHRBAR
Metro World News



Sacha Baron Cohen follows up his 2006 hit Borat with another mockumentary about a clueless outsider exploring America — and he may well have topped himself.

The new film excels because of its more focused subject matter — celebrity and homosexuality — and its more idiotic protagonist. Whereas Borat was a bumbling outsider, out of his depths in American culture, Brüno is all swag-

ger and confidence.

Sure, he's an idiot, but he's also his own biggest fan (after his assistant's assistant, Lutz), which makes him that much easier to laugh at.

The story follows Baron Cohen's Austrian TV fashion reporter trying to become a celebrity in the U.S. after being sacked for disrupting Milan Fashion Week. He tries everything he can think of to become the "biggest Austrian superstar since Hitler," from trying to make a sex tape with Ron Paul to adopting a baby from Africa, but eventually realizes his sexuality is holding him back.

"I looked at big stars like Tom Cruise, John Travolta and Kevin Spacey, and I realized they had one thing in common —

they're straight."

While many of the laughs come from shock (there is an awful lot of male genitalia in this movie, including one specimen that shouts at the camera), the best humour in Brüno comes when Baron Cohen lets his equally un-self-aware subjects dig their own graves.

Two L.A. public relations pros do a great disservice to their profession's reputation, displaying a level of vapid to rival Brüno's — only they're

not acting.



Sacha Baron Cohen reinvents himself as Brüno.

Equally scary is a series of inter-

views Baron Cohen conducts with stage parents trying to get their toddlers a gig in a photo shoot he's planning.

No matter what he suggests — lit phosphorus, radical weight loss — the parents insist their babies are up for it. Once again,

Baron Cohen proves that no matter how ridiculous of a character he creates, he can find real people out there that are even more ridiculous — and aren't afraid to prove it on camera.

• For Brüno photos, a trailer and screen times, visit metronews.ca/movies.

Beth Cooper lacking fun

I Love You, Beth Cooper

Director: Christopher Columbus

Stars: Hayden Panettiere, Paul Rust

Classification: PG

Rating: ●

ADAM NAYMAN
for Metro Canada



REVIEW "Who said that this was supposed to be fun?" sneers Hayden Panettiere midway through *I Love You, Beth Cooper*, and it's a good question. After all, why should audiences expect anything worthwhile from veteran hack director Christopher Columbus,

now eight years removed from his association with the Harry Potter franchise?

Not that there aren't some signs of ambition here. Adapted from Simpsons writer Larry Doyle's novel of the same name, *I Love You Beth Cooper* attempts to deconstruct the teen-coming-of-age comedy, setting up a familiar plot — hopeless geek (Paul Rust) courts his dream girl (Panettiere) across one wild, incident-laden evening — and then taking the action in (hypothetically) unexpected directions.

Unfortunately, Columbus doesn't have the sly touch or tonal control re-

quired for satire. Most of the scenes have a stilted, hesitant quality, or else end up spiralling wildly over the top (an extended sequence set at an only-in-the-movies house party is simply painful).

Panettiere is suitably perky as the film's epony-

mous object of desire, but at this point, the blonde goddess with secret insecurity issues is a tired (and insulting) cliché.

It's almost as dire as the love-struck social misfit — with Rust doing a poor man's McLovin — or the closeted best friend (Jack Carpenter, pulling Duckie duty as our hero's quirky sidekick).

The only oasis of relief is provided by Alan Ruck as Rust's understatedly cool dad: His appearance evokes memories of Ferris Bueller's Day Off, giving us something to think about as *I Love You, Beth Cooper* clunks gracelessly towards its faux-bittersweet conclusion.

• For *I Love You, Beth Cooper* photos, a trailer and screen times, visit metronews.ca/movies



Hayden Panettiere plays the object of a young man's affection in *I Love You, Beth Cooper*.

Moon revives arty science fiction

Moon

Director: Duncan Jones

Stars: Sam Rockwell, Kevin Spacey

Classification: STC

Rating: ●●●●

PHIL BROWN
for Metro Canada



REVIEW Duncan Jones'

Moon is a de-liberate throwback to the science fiction films of his youth. The setting feels like a future that might have been imagined in the '70s or '80s (complete with clapper and flowbee).

It's a film that comes out of a love of classic movies like 2001: A Space Odyssey and *Alien*, liberally borrowing from the style and worlds of its predecessors.

Occasionally this borrowing can go a too far and *Moon* can feel like little more than a collection of Jones' favourite scenes from other movies, but for the most part this pastiche succeeds admirably in reviving a dying subgenre: the science fiction art film.

Sam Rockwell stars as a lonely astronaut finishing up a three-year mission on the moon with only a monotonous robot (Kevin Spacey) to keep him company. Af-

ter accidentally crashing one of his vehicles, Rockwell wakes up and discovers what may or may not be his clone.

Until the last act we're never quite sure if Rockwell is the victim of a conspiracy or simply going bonkers. Though hardly an action-packed thrill ride, *Moon* offers plenty of oppressive atmosphere and suspense.

It's refreshing to see a movie that treats science fiction seriously rather using the genre to connect a series of space battles and explosions.

Moon is filled with so many obvious influences that a familiarity with the references Jones is making will often put the audience one step ahead of the characters.

But even if *Moon* can be a little predictable at times, the director does an admirable job of resurrecting a style of cinematic sci-fi has been missed by genre aficionados (not just thematically either, the film is filled with stunning model-based effects that will make you long for the pre-CGI era).

Duncan Jones may not have created a new science fiction classic with his debut, but he's certainly announced himself as a filmmaker with potential.

Screen Times

This week's new releases are highlighted in pink.

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 10 TO THURS., JULY 16. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONews.CA/MOVIES.

HALIFAX

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902-876-4800**Brüno** (18) Dolby Stereo, Stadium Seating, No Passes Fri-Thu 12:40-1:10-3:50-4:05-7:20-9:35-9:55**The Hangover** (14) Dolby Stereo, Stadium Seating Fri-Sun 1-1:25-3:40-4:20-6:50-7:15-9:40-10 Dolby Stereo, Stadium Seating Mon 1-1:25-3:40-4:20-7:15-9:40-10 Dolby Stereo, Stadium Seating Tue 1-1:25-3:40-4:20-7:15-9:40-10 Dolby Stereo, Stadium Seating Wed-Thu 1:25-4:20-7:15-10**Harry Potter and the Half-Blood Prince** (PG) Dolby Stereo, No Passes, Stadium Seating Tue 11:59 Dolby Stereo, Stadium Seating, No Passes Wed 12:12-2:20-4:45-1:20-3:30-3:50-4:10-4:45-7:20-9-9:30-10:15-10:30 Dolby Stereo, No Passes, Stadium Seating Tue 12:12-2:20-4:45-1:20-3:30-3:50-4:10-4:45-7:20-9-9:30-10:15-10:30**I Love You, Beth Cooper** (PG) Dolby Stereo, Stadium Seating Fri-Thu 12:10-3:40-7:10-9:50**Ice Age: Dawn of the Dinosaurs** (G) Dolby Stereo, No Passes, Stadium Seating Fri 12:30-1:10-3:45-4:10-6:50-7:10-9:25-9:45 Dolby Stereo, Stadium Seating Sat-Mon 12:30-1:10-3:45-4:10-6:50-7:10-9:25-9:45 Dolby Stereo, Stadium Seating Tue 12:30-1:10-3:45-4:10-6:50-9:25 Dolby Stereo, Stadium Seating Wed-Thu 1:10-4:10-6:50-9:25**Ice Age: Dawn of the Dinosaurs 3D** (G) Dolby Stereo, No Passes, Stadium Seating Fri 12:50-3:55-6:40-9:15 Dolby Stereo, Stadium Seating Sat-Thu 12:50-3:55-6:40-9:15**My Sister's Keeper** (STC) Dolby Stereo, Stadium Seating Fri-Mon 12:25-3:40-6:45-9:35 Dolby Stereo, Stadium Seating Tue 12:25-3:40-9:45 Dolby Stereo, Stadium Seating Wed 12:25-4:10-6:45-9:35 Dolby Stereo, Stadium Seating Thu 12:25-3:40-6:45-9:35**The Proposal** (PG) Dolby Stereo, Stadium Seating Fri-Mon 1:05-4:15-7:15-10 Dolby Stereo, Stadium Seating Tue 1:05-4:15 Dolby Stereo, Stadium Seating Wed-Thu 1:05-4:15

um Seating Wed-Thu 1:05-4:15-7:15-10

Public Enemies (STC) Dolby Stereo, No Passes, Stadium Seating Fri 12:05-12:25-3:30-3:50-6:50-7:10-9:50-10:10 Dolby Stereo, Stadium Seating Sat-Thu 12:05-12:25-3:30-3:50-6:50-7:10-9:50-10:10**Star Trek** (PG) Dolby Stereo, Stadium Seating Fri-Mon 12:20-6:7 Dolby Stereo, Stadium Seating Tue 12:20-6**The Taking of Pelham 123** (14) Dolby Stereo, Stadium Seating Fri-Tue 9:50**Transformers: Revenge of the Fallen** (STC) Dolby Stereo, Stadium Seating Fri-Mon 12:15-12:30-12:50-3:40-4:10-4:30-7-8-9-10:15 Dolby Stereo, Stadium Seating Tue 12:15-12:50-3:30-3:40-4:10-4:30-7-8-9-10:15 Dolby Stereo, Stadium Seating Wed-Thu 12:15-12:50-3:55-4:30-9-9:20**Up** (PG) Dolby Stereo, Stadium Seating Fri-Mon 1:35-5:7-9:30

IMAX

190 Chain Lake
Dr., 902-876-4800**Transformers: Revenge of the Fallen** (STC) Dolby Stereo, No Passes, Stadium Seating Fri-Thu 12:3-15-6:30-9:40

OXFORD THEATRE

6408 Quinpool Rd.
902-423-7488**Harry Potter and the Half-Blood Prince** (PG) Wed-Thu 4:30-8**Whatever Works** (14) Fri 4:30-7-9:30 Sat-Sun 2-4:30-7-9:30 Mon-Tue 4:30-7-9:30

PARK LANE

5657 Spring Garden Rd.
902-423-4860**Brüno** (18) No Passes, Stadium Seating Fri-Sat 1:10-3:40-7-9:30-11:40 No Passes, Stadium Seating Sun-Thu 1:10-3:40-7-9:30**The Exorcist** (14) Stadium Seating Fri-Sat 11:30**The Hangover** (14) Stadium Seating Fri-Sat 1:30-4:10-7:20-9:50-11:50 Stadium Seating Sun-Tue 1:30-4:10-7:20-9:50 Stadium Seating Wed-Thu 1:30-4:10-7:20-9:55**Harry Potter and the Half-Blood Prince** (PG) No Passes, Stadium Seating Tue 11:59 No Passes, Stadium Seating Wed-Thu 12:3-10-6:30-9:50**Ice Age: Dawn of the Dinosaurs** (G) Stadium Seating, No Passes Fri 1:20-3:50-6:35-8:50-11:10 Stadium Seating Sat 1:20-3:50-6:35-8:50-11:10 Stadium Seating Sun-Thu 1:20-3:50-6:35-8:50**Moon** (STC) Dolby Stereo, Stadium Seating Fri-Sat 12:40-3:10-6:40-9-11:20 Dolby Stereo, Stadium Seating Sun-Thu 12:40-3:10-6:40-9**My Sister's Keeper** (STC) Dolby Stereo, Stadium Seating Fri-Tue 12:30-3:30-9:10**The Proposal**PLAY OUTSIDE THE LANES • VISIT BOWLARAMA.CA FOR MORE DETAILS
CHECK OUT OUR SPECIALS FROM 9PM TIL MIDNIGHT!

(PG) Dolby Stereo, Stadium Seating Fri-Thu 1-3:30-7:10-9:40

Public Enemies (STC) No Passes, Stadium Seating Fri 12:20-3:20-6:20-9:20 Stadium Seating Sat-Thu 12:20-3:20-6:20-9:20**Transformers: Revenge of the Fallen** (STC) Stadium Seating Fri-Thu 12:50-4-7:30

LOWER SACKVILLE

760 Sackville Dr., Downsview
Plaza, 902-869-2022**Brüno** (18) Stadium Seating, No Passes Fri 3-7:10-9:20 Stadium Seating, No Passes Sat-Sun 1:20-4-7:10-9:20 Stadium Seating, No Passes Mon-Thu 3-7:10-9:20**The Hangover** (14) Stadium Seating Fri 2:50-6:50-9:10 Stadium Seating Sat-Sun 1:15-3:45-6:50-9:10 Stadium Seating Mon-Tue 2:50-6:50-9:10**Harry Potter and the Half-Blood Prince** (PG) Stadium Seating, No Passes Tue 12:01

Stadium Seating, No Passes Wed-Thu 2-6:30-9:40

Ice Age: Dawn of the Dinosaurs (G) Stadium Seating Fri 2:45-6:45-9 Stadium Seating Sat-Sun 12:30-3-6:45-9 Stadium Seating Mon-Thu 2:45-6:45-9**My Sister's Keeper** (STC) Stadium Seating Fri 2:30-6:40-9:15 Stadium Seating Sat-Sun 1:10-3:50-6:40-9:15 Stadium Seating Mon-Thu 2:30-6:40-9:15**The Proposal** (PG) Stadium Seating Fri 7:15-9:45 Stadium Seating Sat-Sun 1:30-4:07-15-9:45 Stadium Seating Mon-Thu 2:15-7:15-9:45**Public Enemies** (STC) Stadium Seating Fri 2:20-6:50-9:45 Stadium Seating Sat-Sun 12:40-3:20-6:50-9:45 Stadium Seating Mon-Thu 2:20-6:50-9:45

7:10-9:50

Ice Age: Dawn of the Dinosaurs (G) Dolby Stereo Digital, Stadium Seating, No Passes Fri 12:10-3:30-7:25-10:05 Dolby Stereo Digital, Stadium Seating Sat-Tue 12:10-3:30-7:25-10:05**Ice Age: Dawn of the Dinosaurs 3D** (G) No Passes, Dolby Stereo Digital, Stadium Seating Fri 11:20-1:55-4:25-7-9:40 Dolby Stereo Digital, Stadium Seating Sat 1-4:25-7-9:40 Dolby Stereo Digital, Stadium Seating Sun-Thu 11:20-1:55-4:25-7-9:40**My Sister's Keeper** (STC) Dolby Stereo Digital, Stadium Seating Fri-Thu 12:45-3:35-6:55-9:55**The Proposal** (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 12:15-3:15-7:05-9:40**Public Enemies** (STC) Dolby Stereo Digital, Stadium Seating, No Passes Fri 11:50-3:05-6:30-10 Dolby Stereo Digital, Stadium Seating Sat-Thu 11:50-3:05-6:30-10**Transformers: Revenge of the Fallen** (STC) Stadium Seating Fri-Mon 11:30-12:12-30-2:50-3:30-4-6:20-7:30-8-9:45 Dolby Stereo Digital, Stadium Seating Tue 11:30-12:12-30-2:50-3:30-4-6:20-8-9:45 Dolby Stereo Digital, Stadium Seating Wed-Thu 11:30-3-6:50-10:10**Up** (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 11:25-2-4:35-7:30-10

TRURO

20 Treaty Trail, Millbrook
902-895-8020**Brüno** (18) Stadium Seating, No Passes Fri 2:30-6:50-9 Stadium Seating, No Passes Sat-Sun 12:35-2:30-6:50-9 Stadium Seating, No Passes Mon-Thu 2:30-6:50-9**The Hangover** (14) Stadium Seating Fri 2:20-6:45-9:10 Stadium Seating Sat-Sun 12:15-2:20-6:45-9:10 Stadium Seating Mon-Tue 2:20-6:45-9:10**Harry Potter and the Half-****Blood Prince** (PG) Stadium Seating, No Passes Tue 11:58 Stadium Seating, No Passes Wed-Thu 2-6:30-9:30**Ice Age: Dawn of the Dinosaurs** (G) Stadium Seating Fri 2-7:10-9:25 Stadium Seating Sat-Sun 12:40-2:50-7:10-9:25 Stadium Seating Mon-Thu 2-7:10-9:25**My Sister's Keeper** (STC) Stadium Seating Fri 2:10-6:40-9:15 Stadium Seating Sat-Sun 12:45-3:05-6:40-9:15 Stadium Seating Mon-Thu 2:10-6:40-9:15**The Proposal** (PG) Stadium Seating Fri 1:50-7-9:35 Stadium Seating Sat-Sun 12:25-2:40-7-9:35 Stadium Seating Mon-Thu 1:50-7-9:35**Public Enemies** (STC) Stadium Seating Fri 1:40-6:35-9:20 Stadium Seating Sat-Sun 12:10-3:10-6:35-9:20 Stadium Seating Mon-Thu 1:40-6:35-9:20**Transformers: Revenge of the Fallen** (STC) Stadium Seating Fri 1:30-6:30-9:30 Stadium Seating Sat-Sun 12:3-6:30-9:30 Stadium Seating Mon-Thu 1:30-6:30-9:30

BRIDGEWATER

BRIDGEWATER

349 Lahave St., 902-527-4020

Brüno (18) No Passes Fri 2:35-7:05-9:10 No Passes Sat-Sun 1:15-3:30-7:05-9:10 No Passes Mon-Thu 2:35-7:05-9:10**The Hangover** (14) Fri 2:25-6:45-9:20 Sat-Sun 1:20-3:45-6:45-9:20 Mon-Thu 2:25-6:45-9:20**Harry Potter and the Half-Blood Prince** (PG) No Passes Wed 12:01-2-6:30-9:45 No Passes Thu 2-6:30-9:45**Ice Age: Dawn of the Dinosaurs** (G) No Passes Fri 2:10-6:40-9 Sat-Sun 1-3:15-6:40-9 Mon-Thu 2:10-6:40-9**My Sister's Keeper** (STC) Fri 2-6:30-9:05 Sat-Sun 1:30-4-6:30-9:05 Mon-Tue 2-6:30-9:05**The Proposal** (PG) Fri 2:20-7-9:30 Sat-Sun 1:35-4:05-7-9:30 Mon-Thu 2:20-7-9:30**Public Enemies** (STC) No Passes Fri 2:30-6:50-9:50 Sat-Thu 2:30-6:50-9:50**Transformers: Revenge of the Fallen** (STC) Fri-Mon 2:15-6:35-9:40 Tue 2:15-6:35 Wed-Thu 2:15-6:35-9:40Sacha Baron Cohen
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KATHY BUCKWORTH
for Metro Canada

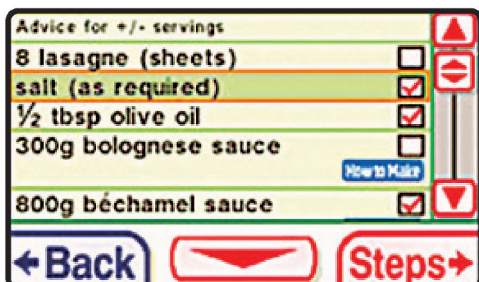
With four kids to feed on a daily basis, you'd think the last thing a busy mom would have the time to do is spend time on a Nintendo DSi. I used to think so too ... until I discovered their new software title, **Personal Trainer: Cooking**.

While it's not a surprise to find hundreds of recipes inside this virtual cooking coach, it's the more unique features you won't find on any cooking website or in any cookbook that make this the ideal kitchen companion, particularly when cooking with kids.

My 10-year-old daughter Bridget, otherwise known as the self-described "number one bacon fan," discovered the Ingredient Explanation section and scrolled quickly to her favourite food. "This smoked, salt cured pork belly has a smooth and tender texture." So that's what a pork belly is!

We breezed through some other explanations and then went to the Substitute Ingredients area, which I found to be extremely useful in a household where teenagers are constantly looting through my cupboards and refrigerators and stripping me of every condiment and baking ingredient. I learned that sake (not a staple in my house) could be substituted with water and a pinch of seasoning. Interesting ... but what's a pinch, really? I went to the terminology button and found that out too.

As I browsed around the program with my daughter, it occurred to me that, in my experience, having electronic equipment in a space where frequent liquids and powdery substances come into magnetic contact with little fingers might not be the best



A sample of what you will see on Personal Training: Cooking, which is now available for the Nintendo DSi.

combination. I flashed back to an unfortunate incident with my kitchen counter, my laptop, and a bag of flour. However, the Nintendo folks have thought of even that.

"It's fun to use voice commands like 'continue,' 'more details' and 'repeat' so that messy hands don't get the Nintendo DS all covered in food," says Nintendo Canada's Matt Ryan.

With that in mind, Bridget and I decided to travel the Personal Trainer: Cooking world by doing just that: Travelling the world of cooking, by country. Alternate options include by ingredient — no Bridget, there isn't anything that includes bacon wrapped in bacon, sprinkled with bacon — requirements, or key word. We went to France and discovered a

terrific recipe for onion tart (and bacon, natch), and started to follow the step by step cooking instructions.

"Personal Trainer: Cooking is a virtual cookbook that also includes ingredient checklists (which you can actually take to the store with you on your Nintendo DSi), tutorials by photo and video as well as a DS Chef that actually talks to you throughout the prep and cooking," explains Ryan.

Bridget flipped through the videos as I put together our tart. "You're doing that wrong, Mom! Try this!"

When we finished cooking, we discovered we could record what we had made, on which date, and how often. This, I think will be especially useful when the kids sit down to dinner and say, "Again? You always make this!" and I can honestly say, "Nope, not since March 3, 2009." Now pass the bacon.



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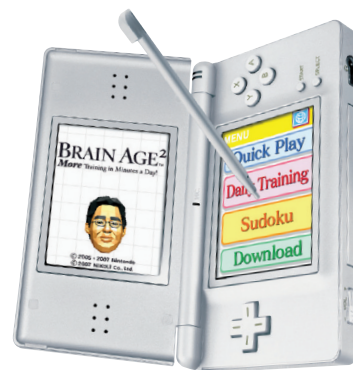
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Nintendo



22 movies&entertainment



- 1.** iNOW 31, Various Artists; **2.** American Saturday Night, Brad Paisley; **3.** Cradlesong, Rob Thomas; **4.** Wilco (The Album), Wilco; **5.** The E.N.D., The Black Eyed Peas (left). METRO NEWS SERVICES

Music

Entertainment in brief

THIS DAY IN MUSIC HISTORY: Following are some of the major events in the music world to have occurred on July 10 as compiled by Billboard:

2004: American Idol winner

Fantasia becomes the first artist in history to enter the charts at No. 1 on Billboard's Hot 100 with a debut record. **2002:** Dolly Parton takes to the road for the first time in a

decade when she kicks off a 13-city club tour in New York. **1980:** Pop singer Jessica Simpson is born in Abilene, Texas. **1979:** Chuck Berry is sentenced to four months in jail for

income tax evasion. **1965:** No. 1 Billboard Pop Hit: (I Can't Get No) Satisfaction, the Rolling Stones. This is the group's first No. 1 single.

REUTERS

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(60 Mo.)*

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Rural Alberta Advantage's debut album, *Hometowns*, was re-released this week on Bright Eyes' label Saddle Creek.

The Alberta advantage

BRYAN BORZYKOWSKI
for Metro Canada



"We're getting a lot of attention right now that not a lot of bands get, so we want to maximize the advantages."

Amy Cole

As the Rural Alberta Advantage travel the highway between Vancouver and Seattle, they can't help but be amazed at how their lives have turned out. "It's so surreal," says keyboardist Amy Cole on the phone from a stretch of B.C. road. "This time last year no one would have predicted that we'd be on a month long tour outside of Ontario."

It's true, a lot has happened for this infectious Toronto-based indie rock act since they self-released their debut, *Hometowns*, early last year. For months the disc went relatively unnoticed, but in November 2008 online music store eMusic featured them as their artist of the month. Soon enough the buzz grew and in May it was announced that the band had signed to Bright Eyes' label Saddle Creek — the label re-released their album on July 7.

While the trio is thrilled with the attention, they admit that it's been an overwhelming few months.

"It's nerve-wracking," says singer Nils Edenloff, who originally hails from Edmonton. "There is a lot of pressure having come this far and playing for people we never would have gotten a chance to play for."

"But we're getting a lot of attention right now that not a lot of bands get, so we want to maximize the advantages," adds Cole.

Fortunately, the RAA should have nothing to worry about. The group's record is a brilliant collection of contagious indie hooks mixed with rollicking roots, and drummer Paul Banwatt is a monster

on the skins. Not only is it incredibly catchy, but the subject matter, which is mostly about Edenloff's affection for Alberta, is easily relatable to anyone who's moved from where they grew up to somewhere new.

"We never set out to start an Alberta band and write songs about Alberta," he says. "But I found myself writing more and more about the province because that's just what I know, about things that were personal and close."

Still, playing songs about Alberta sure helps when you actually play the province. Edenloff says that his recent hometown gig "went better than I ever could have hoped for."

"When we play other places people say, 'I don't know Alberta,' but I identify with the songs," he continues. "When we played Alberta, people said, 'I understand these songs and they really speak to me.'"

But while most audiences are hearing these songs for the first time, the RAA have been playing them for well over a year. Surprisingly, they haven't tired of their tunes yet.

"It's like we're playing them for the first time when we play for people who haven't heard them," says Cole. "That being said we're trying to work on new material on the road, so when we're eventually back home we'll have some material all ready to polish."

Amazon.ca's top albums

1. Thriller (25th Anniversary Edition), Michael Jackson; 2. Off The Wall, Michael Jackson; 3. Bad, Michael Jackson; 4. Number Ones, Michael Jackson; 5. Essential Michael Jackson (2CD). METRO NEWS SERVICES



Music

Sony Walkman turn 30

SoundCheck

Alan Cross

metronews.ca/soundcheck

Amidst all the Michael Jackson news, a milestone passed almost unnoticed — the Sony Walkman turned 30 last week.

These days, everyone has a personal music device or seven. I'm pretty sure even my dog has an iPod Nano or two. But when Sony released the 14-ounce TPS-L2 on July 1, 1979, a series of complex cascading technological, economic and social events began. The Walkman not only changed the way we listened to music but the way we interact with each other. Look around: How many people do you see with ear buds right now? Before the Walkman, you wouldn't have seen any.

Ten facts about the Walkman:

1. All personal music players owe their existence to opera. Masaru Ibuka, the co-founder of Sony, ordered that the company make a small cassette player with lightweight earphones so he could enjoy his favourite operas on his many trans-Pacific and trans-Asia flights.

2. The Walkman was based on a prototype called the Pressman.

3.

At first, the Walkman was known as the Soundabout in North America and the Stowaway in the U.K. because Ibuka-san hated the name "Walkman." But a screw-up in the marketing department resulted in all Soundabouts being promoted as Walkmans.

4. Original estimates were that it would sell 5,000 units a month. When it was introduced, demand was upwards of 25,000 a month. Total sales today? About 200 million.

5. The first Walkmans had two headphone jacks because no one at Sony could conceive of anyone not wanting to share their music with someone. Why would anyone want to walk around in a solitary bubble of music?

6. Sony endured a long le-

"The Walkman not only changed the way we listened to music but the way we interact with each other."

gal battle with a German-Brazilian inventor named Andreas Pavel over his early '70s device called the Stereobelt. They finally settled in 2004.

7. Although many other companies started making personal music devices, the Walkman became such a cultural touchstone that people referred to every such device regardless of manufacture as a "Walkman." Kind of like Kleenex or Aspirin.

8. More than 300 personal CD players, Mini-Disc units, digital players and even video players have all been marketed with the Walkman name.

9. The proper plural form of "Walkman" is "Walkman Personal Stereos." Do not refer to two or more of them as "Walkmen."

10. Sony still makes a cassette Walkman but it hasn't been updated since 2002.

The Ongoing History Of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com



The first Sony Walkman was released on July 1, 1979.

Metro recommends

• Wilco (the album), Wilco:

Mas-terful balance of easy-going, George Harrison-esque guitar rock with experimental flourishes and artfully crafted lyrics.

• Far, Regina Spektor, Far: Spektor's great chops and playful vocals endear an array of intelligent piano-pop with surprising depth.

METRO NEWS SERVICES



TOP 10 MOBILE DOWNLOADS

- 1 I Know You Want Me Pitbull
- 2 I Gotta Feeling Black Eyed Peas
- 3 Boom Boom Pow Black Eyed Peas
- 4 Fire Burning Sean Kingston
- 5 Day 'N' Nite Kid Cudi
- 6 Birthday Sex Jeremih
- 7 Thriller Michael Jackson
- 8 I'm On A Boat Lonely Island
- 9 Knock You Down Keri Hilson
- 10 Kiss Me Thru The Phone Soulja Boy

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ROGERS



Dear Beth & Brian,

Once a month my girlfriends and I get together for a "sit-on-the-couch-double-feature-chick-flick". The other day one of our favourite movies turned into a great Breyers moment when the DVD player broke 2 minutes into the film. Making the most of our situation, I went to get us 4 bowls of Breyers® Double Churn Dark Chocolate Velvet ice cream - we forgot all about our movie night and spent the rest of the evening laughing, talking and reconnecting with each other. It was the best ending ever.

Deliciously yours,
Erin



Brian:

I love "chick-flicks", I just wish they had more car chases and aliens.

Beth:

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30 Rock to get more airplay

Tina Fey's acclaimed NBC sitcom, *30 Rock*, has locked in syndication deals with Comedy Central and WGN America. The cable networks worked together to snag the Emmy-winning series for \$800,000 per episode. [TVGUIDE.COM](#)

**Television****BFF to Paris: I'm not that into you**

Reality winner doesn't want to hang with Hilton — she wants to launch a perfume

MEL DARK
for Metro Canada



Brittany Flickinger, winner of Paris Hilton's My New BFF, season one, is "over it."

Standing in Toronto's Betsey Johnson boutique, Flickinger has a confident air that says, "Let's get the effin' BFF questions out of the way, if you don't mind."

You get the impression this girl is more no-nonsense tough than pink fluff. With the help of bed head and a few squirts of hairspray, she's effortlessly achieved the rock star look. "My hair is gross and awesome. I love it," she says.

So, to get the BFF question out of the way. No — they are not still in contact. The "bestie" facade was short lived.

They're not party side-kicks, they're not shopping partners, they don't swap boy stories over sushi or call each other up in a

drunken stupor at 3 a.m. End of.

According to Flickinger, Hilton's world is one big shallow party. Are we surprised? "It's going to take Paris a lot more BFF shows to find someone who'll tolerate her," she says.

Although the 24-year-old from Boston is currently based in LA, she's not yet acclimated to the scene, preferring grittier cities like Chicago, NYC and of course, Toronto.

Since the show ended, Flickinger has become a celebrity in her own right, travelling the globe for a series of appearances and endorsements.

From the MTV Video Music Awards in Japan and Australia to an appearance at the MM-VAs in Toronto, we caught up with her just before she left for the Calgary Stampede.

Asked if she's overwhelmed by all the attention, she replies, "Meh, not really." After all, she was a high fashion model for five years and went on to front a band in Las Vegas, so flash-happy photographers

"It's going to take Paris a lot more BFF shows to find someone who'll tolerate her."

Brittany Flickinger

are no biggie.

Her primary goal is her music (look out for details of an upcoming collaboration).

A fashion line is also on her wish list; outfits that scream "dirty indie kid." In her own words, "I like to take what a guy wears and change its shape into a sexy girl version." But she'd also like to try the acting thing. And a perfume would be great, of course.

So are there many contenders for Flickinger's BFF?

Well, obviously. But she's only interested in "real" friends — the kind that take you off speaker phone once in a while.

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Brittany Flickinger, winner of Paris Hilton's My New BFF, season one, poses during a recent photo shoot in Toronto.

Being a Top Model can take its toll

BRIAN COULTON
for Metro Canada



DEALING WITH FAME It can't be easy to outlast eight model hopefuls in pursuit of the Canada's Next Top Model title, let alone to face constant criticism from the show's panel of judges. But for the competition's three finalists, their harshest criticism may have come after the show began airing.

"The show makes me seem evil," said Calgary's Nikita Kiceluk, sitting on a leopard print couch alongside fellow finalists Lindsay Willier from Edmonton and Winnipeg's Meaghan DeWarren-Waller at Toronto's CTV headquarters.

The editorial-looking finalist with straight black hair and an edgy attitude believes her bold personality and routine sarcasm was taken out of context on the show, portraying her in

a negative light.

It also generated a lot of hate mail for Kiceluk who said she is unsure how the presentation will affect her career.

"I'm not going to let that get in my way and I'm not going to not model because I know people don't want to look at my face. I'm sure some people do."

Many people want to look at DeWarren-Waller, however. She said she has had to deal with loss of the anonymity she held before entering the competition.

"I have no private life, unless it's behind closed doors," she said. "You go out and people are watching, listening, following and wanting pictures." People even want her to kiss their babies, she said; a request made of her on her plane ride to Toronto.

evening prior.

But children have posed a different problem for Willier. On an early episode in which the women were whisked to the Bahamas for a photo shoot, mention was made of Willier's history of fighting, rendering her a "tough chick", which she said is not the case at all.

"I work with kids. I don't want kids thinking that's cool, because it's not," she said. However, Willier maintains the belief "there's no such thing as bad publicity," despite any misrepresentation. "Now all of Canada knows our names."

What Canada may not know is the true motivation behind the apparent mockery of recently ousted

Canada's Next Top Model concludes Tuesday night on CTV

ed Iranian immigrant Maryam Massoumi from North Vancouver, B.C., at the hands of Kiceluk and DeWarren-Waller. The show's last episode showed the women imitating Massoumi's speech, which could be interpreted as racist humour.

"The whole Maryam thing was an ongoing joke between the girls in the house," said DeWarren-Waller. "People don't always see it like that," added Kiceluk. "They could think we're making fun of her because of her race, nationality or accent."

"It's none of the above."



Meaghan DeWarren-Waller



Nikita Kiceluk



Lindsay Willier

Unlikely movies climbing the rental and sales charts

VIDEOS Amid a dearth of high-profile video releases, as Hollywood studios hold back their big films for the fourth-quarter holiday season, movies that otherwise would have been also-rans are shooting up the rental and sales charts.

Case in point: The top-selling home video release

for the week ended July 5 was 20th Century Fox Home Entertainment's *12 Rounds*, which grossed just \$12.2 million at the box office during its theatrical release. The action film was one of the last movies from the now-shuttered Fox Atomic division, launched two years ago to produce low-budget movies aimed at teens.

12 Rounds was No. 1 on the Nielsen VideoScan First Alert sales chart during its first week in stores.

REUTERS

New Smurfs movie in the works

ANIMATION Raja Gosnell has signed on to direct *Smurfs*, a live action/animated movie starring the popular small blue characters created by Belgian cartoonist Peyo.

Gosnell, is best known for helming *Scooby-Doo* and *Scooby-Doo 2: Monsters Unleashed*, as well as last year's *Beverly Hills Chihuahua*. The movies combined live actors and settings with photorealistic animated talking animals.

Gosnell also directed the romantic comedy *Never Been Kissed* as well as comedies *Big Momma's House* and *Yours Mine and Ours*.

The plot of *Smurfs* is being kept under wraps, but the story is expected to feature well-loved characters such as Papa Smurf, Smurfette and the villainous Gargamel. The film will be released in 3-D and 2-D formats on Dec. 17, 2010.

REUTERS

26 movies&entertainment

Dollhouse comes back for more

The Season 2 premiere of Fox's *Dollhouse* will be written and directed by the man himself: Series creator Joss Whedon. The catch: You're going to have to wait an extra week to see it. The season premiere will air Friday, Sept. 25. **TVGUIDE.COM**

Going Out

Mix of Six

Atlantic Jazz Festival

When: Friday through July 18
Where: Various venues in Halifax

Back for its 23rd edition, this popular event features great live music over nine days. For complete information visit www.atlanticjazzfestival.ca.

Paul McCartney

When: Saturday
Where: Halifax Common.
Gates open at 3 p.m.

The highly anticipated show featuring the ex-Beatle is expected to draw tens of thousands of fans. Tickets are \$125 for general admission and \$305 for VIP tickets.

Halifax Highland Games and Scottish Festival

When: Saturday, 8 a.m. to 8 p.m.
Where: Dartmouth Common

The lineup includes heavyweight events, pipes and drums, highland dancing, food and live entertainment. Admission is \$12 for adults and \$10 for students and seniors.

Lebanese Festival

When: Through Sunday
Where: St. Antonio's Antiochian Orthodox

Now in its ninth year, the free admission event includes live music, folk dancing, food, contests and activities for children.

Dragon Boat Festival

When: Saturday, 9 a.m. to 4 p.m.
Where: Lake Banook

The ninth annual event will see hundreds of people take to the water in support of the Nova Scotia Amateur Sport Fund. Each race lasts a couple of minutes.

Yuk Yuk's presents Andrew Albert and Andrew Bush

When: Friday and Saturday, 8:30 p.m.
Where: Westin Nova Scotia

The two Canadian comics are both well known, with Albert placing second in a Canadian amateur contest. Tickets are \$18.

METRO NEWS SERVICES

Metro's 7th Heaven: Metro taps what's hot right now

1 Jennifer Lynch

DIRECTOR Her last film, *Boxing Helena*, confounded and angered critics and even drew a lawsuit from Kim Basinger. That was so 1993. Now David Lynch's daughter is back with another bid to out-weird father with the mind-bending *Surveillance*. In limited release right now, the film is once again courting controversy for its gruesome images and general strangeness. Dad must be so proud.



2 U2 Mobile Album

APPLICATION Canada's own Research In Motion turns the heat on iPhone with this Blackberry bait. Although the details are still vague, it appears that the app will allow users to listen to the latest U2 album *No Line on the Horizon*, watch videos, and read news updates. More interestingly, users will be able to share video clips from U2 concerts.

3 Bud Light Lime

DRINK This tangy twist to our favourite beverage is fast becoming the booze of choice this summer. Launched last month, liquor stores across the country are having a hard time keeping up supplies, according to several news reports.



4 Joel Plaskett

MUSICIAN Good things come in threes. First up, the indie-rocking Haligonian's recently released triple-album racked up some glowing reviews. Then, he was short-listed for the prestigious Polaris prize. And now he has been selected to open for Sir Paul McCartney's show this weekend in Halifax.

5 The Lost Symbol campaign

PUBLISHING The promotion for Dan Brown's new thriller is set out to be a bit of a puzzle. Publisher Doubleday announced that Brown's follow-up to *The Da Vinci Code* will be preceded by a summer-long procession of "codes, cryptic trivia, puzzles, secret history, maps, aphorisms" and other daily teasers on Facebook and Twitter.

6 United Breaks Guitars

VIDEO When United Airlines luggage handlers broke one of Dave Carroll's guitars and gave him a hard time when he sought compensation, the Halifax-based musician (of the band *Sons of Maxwell*) recorded this little ditty as his response. Now the video has gone viral, netting 220,000 hits on YouTube as of Wednesday evening. The Timmins, Ont., native is also fielding offers to appear on major networks like CNN and CBS.

7 Harry Potter and The Half-Blood Prince

FILM Pottermania strikes again. The sixth silver screen instalment of the beloved series premiered in London this week to rave reviews and screaming fans. Rest of the world won't be missing out on Hogwarts magic for too long. The film opens worldwide next Wednesday.



Create your own Web TV show

A few years ago, it would have been too expensive to create and broadcast your own web-based TV show. Now, all you need is a laptop — or even a mobile phone with a video camera.

There are a number of websites specializing in helping you out.

Here are a few of the bet-

ter sites that can handle almost anything when it comes to creating video for the web.

• Qik (qik.com)

WHAT? This web service can receive video "live" from your mobile phone and stream it to the Internet simultaneously.

WHY? It's becoming more common to use your mobile video camera at conferences, demonstrations, rallies and big events — to share events and experiences in real time.

COMMENT? This is a very practical way to produce video for the net. You just record and your done. No

editing or publishing. Harder to create that nail-biting drama, though.

• Bambuser (bambuser.com)

WHAT? Another web service that can receive video "live" from your mobile phone and stream it to the Internet simultaneously.

WHY? A fast service that is simple to use, and it's really a no-brainer to start your own TV channel just through embedding the video on your blog or home page.

COMMENT? Here you'll find some extra features like the possibility to "geotag" your video via your mobile's GPS

(your viewers can see where you are on a Google map).

• Ustream (ustream.tv)

WHAT? Web service built around delivering longer live sessions from "real" video cameras or laptops with built-in video cameras.

WHY? There are many pages out there offering similar services (justintv, kyte.tv, stickam.com and more) but Ustream is easy and fast to learn and use.

COMMENT? A lot of radio stations have found Ustream and they use it to find new listeners/viewers just by adding a web cam to the studio.

METRO WORLD NEWS



Capital Health and the IWK are Coming Out

Capital Health and the IWK Health Centre believe that embracing diversity will lead us to healthier, happier communities. That's why we're taking a stand and coming out against homophobia, lesbophobia, transphobia and biphobia.

Members and allies of the gay, lesbian, bisexual, transgender and intersex (GLBTI) communities are invited to join us at our **Coming Out Party On July 16 at The Company House** on Gottingen Street from 6 to 8:30 p.m. Take part in our World Café, a chance to talk about what matters most to your health. Laugh with comedian Jana MacDonald as she shares her coming out stories. Participate in fun activities, all aimed at celebrating coming out.

Join us at the **Pride Parade on July 25** and visit our booth on the Garrison Grounds. Meet the members of the new Community Health Teams and Chronic Disease Management Teams, and work with a local artist to celebrate the GLBTI community through art.

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Puckering up for publicity

AnnaLynne McCord sure knows how to get attention to her show. The sultry 90210 actress tells Eonline.com that when Rumer Willis joins the cast this season, there's a very good chance the two will be locking lips at some point. **POPEATER.COM**

Entertainment

In the tank with Mark Burnett

Mark Burnett, the Emmy-winning producer of such reality shows as Survivor, The Apprentice and Are You Smarter Than a 5th Grader?, is at it again.

His latest venture, ABC's Shark Tank, premieres Aug. 9 and offers entrepreneurs the chance to have their products become reality, if they can convince a panel of real-life business moguls — the sharks — to part with their money.

Speaking from an undisclosed location in the South Pacific, where the 19th season of Survivor is being filmed, Burnett chatted about his new series, the need to change Emmy rules and the iconic show he calls "part Swiss Family Robinson, Cast Away and Lord of the Flies."

Q Do you think it's significant that Shark Tank is the only new reality show that has made it to the fall broadcast TV schedule?

A Shark Tank is an extremely high-quality (show). The people at ABC and Disney love it. It feels like (it) belongs up there with great dramas. (The contestants) are high and dry. They've got great ideas or existing small businesses that they can't take to the next level. At the same time these wealthy investors are looking to invest. It really is that golden opportunity — and maybe the last opportunity — for some of these people, so you really can feel the genuine tension and drama in the air.

Q Reality shows used to be considered counterprogramming. On the fall schedule, if nothing changes, there will be three reality shows, including Shark Tank, on at the same time. Does that worry you at all?

A If you can't play in the big leagues,



Television producer Mark Burnett touches his star on the Walk of Fame in Hollywood, California July 8, 2009. Burnett was the 2,387th celebrity to be honored with a star on the Walk of Fame.

then you can only make it when you play against weak opposition. You're never going to win the championship. Two or more shows can make it in the same time slot. I'm not

frightened by it. Only a weak person would be not willing to go forward unless it was easy.

Q Now that the season is over, do you

prefer The Apprentice as a one-hour show or would you rather NBC continued stretching it to two hours next season?

A I loved the two-hour Apprentice. Everywhere I went during Apprentice, "people came up to me and were so opinionated about everything from Dennis Rodman, Joan and Melissa Rivers ... it went on and on and on. That's when I knew we had lightning. No one ever said to me, "It felt too long." We have a great team, and we're fully ready to continue with the two-hour format.

Q There are a lot of different reality shows coming up, such as More to Love, Crash Course, Undercover Boss and Somebody's Gotta Go. Are there any that you think will succeed?

A I think More to Love (billed as a dat-

ing competition for average-looking people) has a really big chance because most of the population are not cover girls or male models, therefore it's relatable. Everybody deserves love, everybody deserves a chance. I wish I'd thought of it. It takes some elements of The Biggest Loser, some elements of The Bachelor and merges them. You can never underestimate (Fox president of alternative programming) Mike Darnell.

Q What's your favorite reality show to watch — that's not one of your own?

A American Idol. I've got three kids, and it's a great shared family viewing experience. I'm sure it's why Survivor is so successful. Survivor is also a great shared family viewing experience. You won't see on Survivor unnecessary nudity or certain language choices. **REUTERS**

Funeral audience 31 million

RATINGS More than 31 million Americans watched the public memorial for Michael Jackson live on television — well below the TV audience for former U.S. President Ronald Reagan's burial and the funeral of Britain's Princess Diana.

Nielsen Media Research said Wednesday that Jackson's two-hour memorial in Los Angeles was carried live Tuesday by 18 U.S. television networks and cable channels, drawing an audience of 31.1 million.

Although the figure did not include millions more who are thought to have watched on the Internet or in replays, the audience paled in comparison to the 37.8 million who watched a full day of President Barack Obama's inauguration in January, and the 49.5 million Americans who tuned in for Obama's first White House news conference in February.

Internet company Akamai, which handles 20 per cent of the world's Web traffic, reported Tuesday that it ran some 2.8 million audio and video streams during the Jackson memorial webcast, making it the most widely viewed on the Internet since Obama's inauguration.

Singers Mariah Carey, Stevie Wonder, Jennifer



Singers Mariah Carey, Stevie Wonder, Jennifer Hudson and Usher performed at Michael Jackson's memorial.

Hudson and Usher were among artists who performed for some 18,000 fans, family and friends of the singer in the emotional two-hour tribute at the Staples Center arena.

Giving comparisons for other recent major televised funerals, Nielsen said the Jackson memorial audience ranked third on U.S.

Losing viewers

• Live television audience figures in the United States have slipped in recent years as Americans watch more recorded TV and live streaming on the Internet, mobile phones and other platforms.

TV after Reagan's burial (35 million) in 2004 and the funeral of Princess Diana in 1997 (33.2 million).

It was also just ahead of the 30.6 million in 2005

who tuned in to learn that Jackson had been acquitted on child molestation and other charges after a four-month trial.

REUTERS



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28 movies&entertainment

Entertainment

Hollywood sends 3-D home, in video games

Coming to a living room near you — 3-D video games.

A spate of summer blockbuster movies like Disney/Pixar's *Up*, 20th Century Fox's *Ice Age: Dawn of Dinosaurs* and the upcoming Disney *G-Force* movie have introduced moviegoers to the latest stereoscopic 3-D technology.

Now video games are following suit, with moves to bring the third dimension home as some of the biggest names in Hollywood work on 3-D video games expanding on the stories of their 3-D films.

Disney Interactive Studios' *G-Force* game for Xbox 360 and PlayStation 3, based on Jerry Bruckheimer's live action 3-D film featuring secret agent guinea pigs, will use Anaglyph 3-D, the traditional red and blue glasses from the 1950s 3-D craze.

Disney is using this same technology on a Wii game due out in fall, Disney/Pixar's *Toy Story Midway Mania*, which is based on the Walt Disney World and Disneyland 4-D theme park ride and comes out alongside the movie *Toy Story 3-D* in October.

Pushing 3-D technology even further, Ubisoft has developed proprietary stereo-

"You just stick your head into the monitor and the world wraps around you. It's the first time in a videogame that I was afraid when the hammerhead enemies attack." James Cameron

scopic 3-D technology — the clear polarized glasses movie theater patrons receive these days — for James Cameron's *Avatar* game.

The action game, which was shown behind closed doors at E3 in Los Angeles last month, will be the first Hollywood-licensed game to introduce stereoscopic 3-D to gamers.

"It's pretty fantastic," said Cameron, during his E3 press conference about the game.

"You just stick your head into the monitor and the world wraps around you. It's the first time in a video game that I was afraid when the hammerhead enemies attack. It's very frightening."

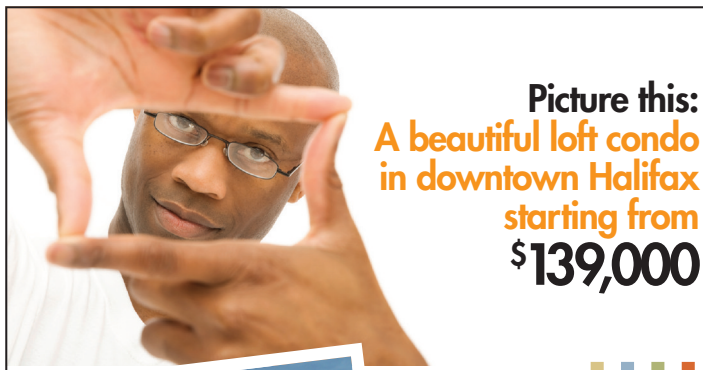
Just as video game consoles like Xbox 360 and PlayStation 3 helped convince consumers to upgrade

to HD TVs, 3-D video games could enhance the attraction of 3-D TVs in living rooms.

"I think as all entertainment is going 3-D, there's a huge interest and desire on the part of equipment manufacturers to bring the 3-D stereoscopic technology into the home," said Hoyt Yeatman, Oscar-winning special effects expert and director of *G-Force*.

"I think games will lead that trend. The 3-D really does add an appreciable level to the playing experience."

John Taylor, video game analyst at Arcadia Research, said the combination of the *Toy Story 3-D* release this fall for family audiences and *Avatar* for sci-fi fans will raise awareness and grow the fan base of 3-D. **REUTERS**



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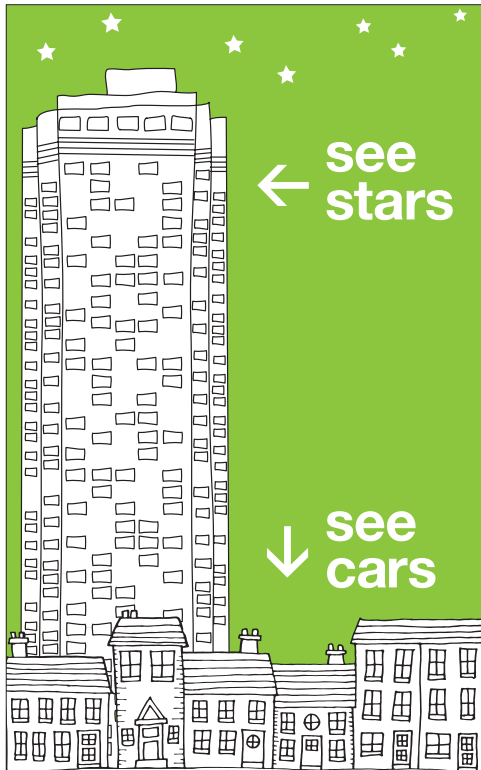
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Gwyneth Paltrow is slimmer thanks to a mostly juice detox diet she followed for three weeks, usmagazine.com reports. "I feel pure and happy and much lighter," the actress writes in her GOOP newsletter. **METRO NEWS SERVICES**

Paltrow's detox diet

Celebrity Buzz

Beckham can count on Cruise

SUPERSTAR FRIENDS David Beckham has one friend he turns to for advice more than anyone else: Tom Cruise. A new book, *The Beckham Experiment* by Sports Illustrated writer Grant Wahl, reportedly devotes an entire chapter to the superstar friendship, according to Gatecrasher.

Cruise has influenced a lot of Beckham's decisions since they met in 2003, including the name of one of the soccer star's kids, Cruz. But Beckham draws the line at Scientology.

"He's never turned around and said, 'That is what you

should be doing,' because he would never do that. He and Katie have their beliefs," Beckham says, "but me and Victoria have also got our own."

METRO WORLD NEWS



Timberlake to write golf book

FORE! Justin Timberlake is writing a book about golf, femalefirst.co.uk reports. The singer has reportedly employed a literary agent to send out a short synopsis of the planned tome, in the hope of securing a publishing deal.

The book is said to be a memoir that follows "Timberlake's time on the green and his experiences playing with various competitors." Agent David Vigliano got in touch with several editors last month, it has been claimed.

Timberlake's love of golf is well known, and he plays with an impres-

sive six handicap. The 28-year-old singer owns his own golf course — the Big Creek Golf Course near Memphis — and has previously admitted his proudest moment relates to the sport.

METRO NEWS SERVICES



Spike feels for Jackson's daughter

AT THE MEMORIAL Spike Lee, who attended Michael Jackson's memorial service Tuesday, says watching the late pop star's 11-year-old daughter Paris take to the stage and talk about her father was brutal, people.com reports.

"How can you even comprehend a young daughter bemoaning the loss of their dear father, their daddy," says the celebrated film director, 52, who knew Jackson for more than a decade. "We know Michael the entertainer, but to her, that's just daddy."

In 1996, Lee traveled to Brazil to direct Jackson in his music video, *They Don't Care About Us*.

METRO NEWS SERVICES



Watson's wardrobe malfunction

ACCIDENTAL FLASH Emma Watson laughed off an accidental red carpet wardrobe malfunction during an appearance on last night's *Late Show With David Letterman*, usmagazine.com reports.

The actress inadvertently flashed her underwear at Tuesday's London Harry Potter premiere while adjusting her floor-length vintage Ozzie Clark dress in the pouring rain.

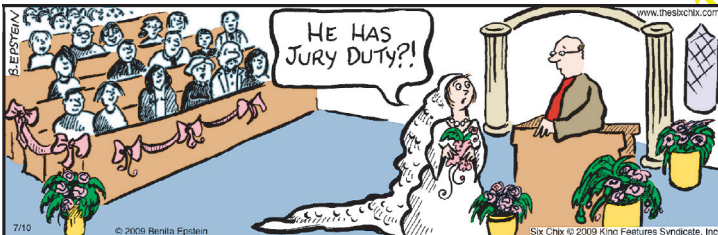
"This was a small wardrobe malfunction that happens," Watson, 19, giggled to Letterman while holding her head in her hands.

METRO NEWS SERVICES



ComicsOnline

For more cartoons, visit metronews.ca



Bateman's wilder days as a child actor

RISKY BUSINESS Though he's mellowed since then, Jason Bateman admits he went through a bit of a wild period after starting out in Hollywood as a child star.

"It was like *Risky Business* for 10 years," he tells *Details* magazine. "I'd worked so hard that by the time I was 20, I wanted to

play hard. And I did that really well." His close pal, Jennifer Aniston, was there for some of the craziness.

"Even though he was pretty wild in those days, something about those dimples and that sweet face made you go, 'Oh, it's OK that you just drove up the street backwards in a

Range Rover with the door wide open,'" she says.

METRO WORLD NEWS



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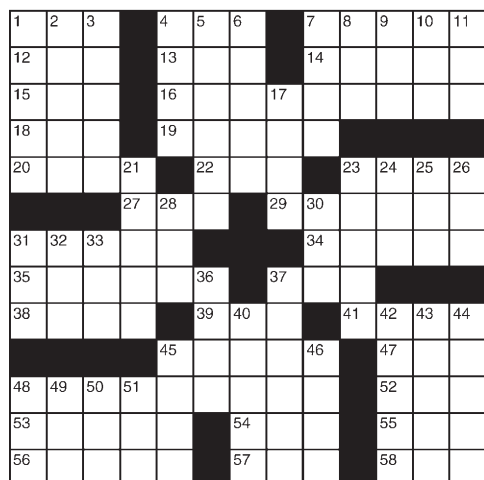
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Take Five



Crossword across

- 1 A welcome sight?
4 "Eureka!"
7 Halloween option
12 "The — Daba Honeymoon"
13 Wager
14 Proportion
15 Gridlock component
16 Garnet variety
18 Fool
19 Steeple
20 Expert
22 — de cologne
23 Frat-party garb
27 Started
29 Cheap
31 "Cats" inspiration
34 Put into words
35 Small chicken
37 Feathery accessory
38 Osseous
39 Tokyo's old name
41 Region
45 Incarcerates
47 Crony
48 Simon's part-

Crossword down

- 1 Large, showy parrot
2 Embarrass
3 Ankles, to anatomists
4 Rudiments
5 Piled
6 Places in the heart
7 Verifiable
8 Operated
9 List-ending abbr.
10 Have a bug
11 Placekicker's pride
17 Very dry, as champagne
21 Polish money
23 November birthstone
24 Kyoto cummerbund
25 Card-table call
26 Consumed
28 H, to Hellenes
30 Seek the hand of
31 Go back
32 "7 Faces of Dr. —"
33 Hostel
36 Intend
37 Ravel piece
40 Levees
42 Fiery gems
43 Fleet-related
44 Plaintive poem
45 Equitable
46 Passel
48 Petrol
49 Heidi's height?
50 Carnival city
51 Distant

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	6	1	7	5	9	8	4	3
4	3	7	2	8	1	9	6	5
5	8	9	6	3	4	1	2	7
9	4	6	3	7	8	2	5	1
3	1	2	9	4	5	7	8	6
7	5	8	1	2	6	3	9	4
1	2	4	5	9	3	6	7	8
6	7	5	8	1	2	4	3	9
8	9	3	4	6	7	5	1	2

Find today's answers + play more games at metronews.ca

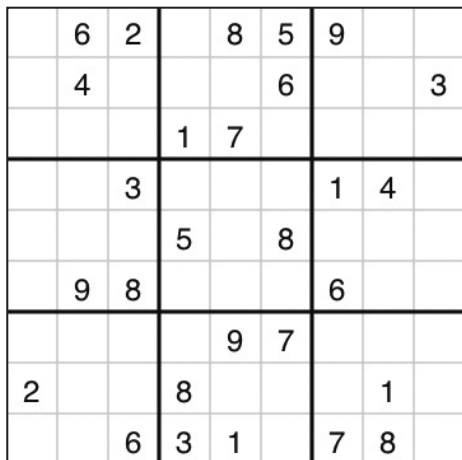
SUDOKU SOLVE TIME:

- Under 13 minGenius
13-17 minScholar
17-21 minSmart
21-25 minNot bad
25+ minKeep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Pork with Egg Noodles

INGREDIENTS:

Salt and black pepper
1 lb (500g) pork fillet
8 scallions
2/3 lb (300 g) celery
2/3 lb (300 g) small button mushrooms
1 tbsp (15 ml) olive oil
1/2 lb (230g) egg noodles
3 tbsp (45 ml) wholegrain mustard
3/4 cup (175 ml) whipping cream

METHOD:

- Preheat oven to low setting to keep pork warm later. Put large pot of lightly salted water on to boil for noodles.
- Cut pork into thin strips; season with pepper. Trim, rinse, and slice onions and celery; clean and slice mushrooms.
- Heat half the olive oil in wok or frying pan over high heat and stir-fry pork 4-5 minutes, until lightly

coloured. Remove and keep warm.

- Add remaining oil to wok or pan with celery and half the scallions and stir-fry for 5 minutes. Add mushrooms and cook until soft.
- Add noodles to boiling water, cook for 3 minutes, then drain well.
- Stir mustard and whipping cream into vegetables and bring mixture to boil. Add pork, heat through, then season to taste.

- Serve pork stir-fry spooned over noodles, sprinkled with remaining scallions.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.comARIES
MARCH 21-APRIL 20

Forget about duty, forget about what other people say has to be done — your one and only aim today is to have fun.

LIBRA
SEPT 23-OCT 23

Today's Jupiter-Neptune union in the sympathetic sign of Aquarius will help you to reach your full potential. Lady Luck is very much on your side.

TAURUS
APRIL 21-MAY 21

Act as if important people are watching you closely today — because in all probability they are. You may be offered some kind of promotion.

SCORPIO
OCT 24-NOV 22

You are going through a cycle where many of the things you believe are being questioned or put to the test. Don't be so fixed in your attitude.

GEMINI
MAY 22-JUNE 21

Today's magnificent Jupiter-Neptune alignment will bring a stroke of good fortune you did not dare dream was possible.

SAGITTARIUS
NOV 23-DEC 21

A friend or relative will go out of their way to make you feel good today, which in turn will make you feel good about the world as a whole.

CANCER
JUNE 22-JULY 22

If what you get out of something today seems way out of proportion to what you put in, you may feel like a fraud — but you deserve your reward.

CAPRICORN
DEC 22-JAN 20

You have done what was asked of you and now you can follow a new path, one that satisfies desires that have for too long been suppressed.

LEO
JULY 23-AUG 23

According to the planets life is good and will get even better over the weekend. Spare a thought for someone who has not had it as good as you.

AQUARIUS
JAN 21-FEB 18

A once-in-a-lifetime chance to show how much you care, not just for one individual but for the world as a whole, is about to present itself.

VIRGO
AUG 24-SEPT 22

No matter how many times your ambitions have been frustrated you will enjoy some kind of success today and tomorrow.

PISCES
FEB 19-MARCH 20

It may well be that someone you thought you could trust has been telling tales about you behind your back, but is it worth making a fuss about?

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